

What Will Virtual Mental Health Consultation Services Look Like?



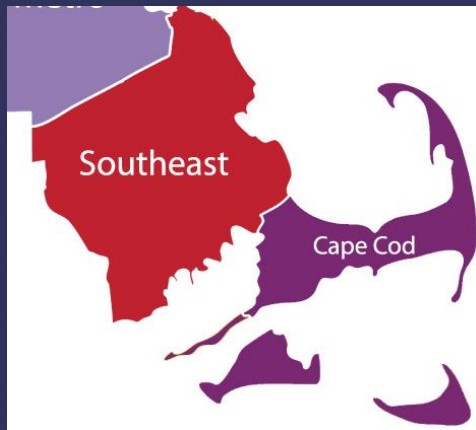
**Early Childhood Training
and Consultation**

IS YOUR PROGRAM IN NEED OF SUPPORT?

- Are your educators feeling worried/anxious?
- Are there children who are displaying challenging behaviors or in need of social/emotional support?
- Are there children at risk of suspension or expulsion?

If so, submit a referral to the Early Childhood Training & Consultation Program at JRI so that we can provide support to you and your program.

Early Childhood Mental Health Consultation (ECMHC)



- Our program covers Region 5, including 69 cities and towns in Southeastern Massachusetts, the Cape & the Islands.
- This ECMHC program is grant funded by the Department of Early Education and Care.
- There is no charge for the service.



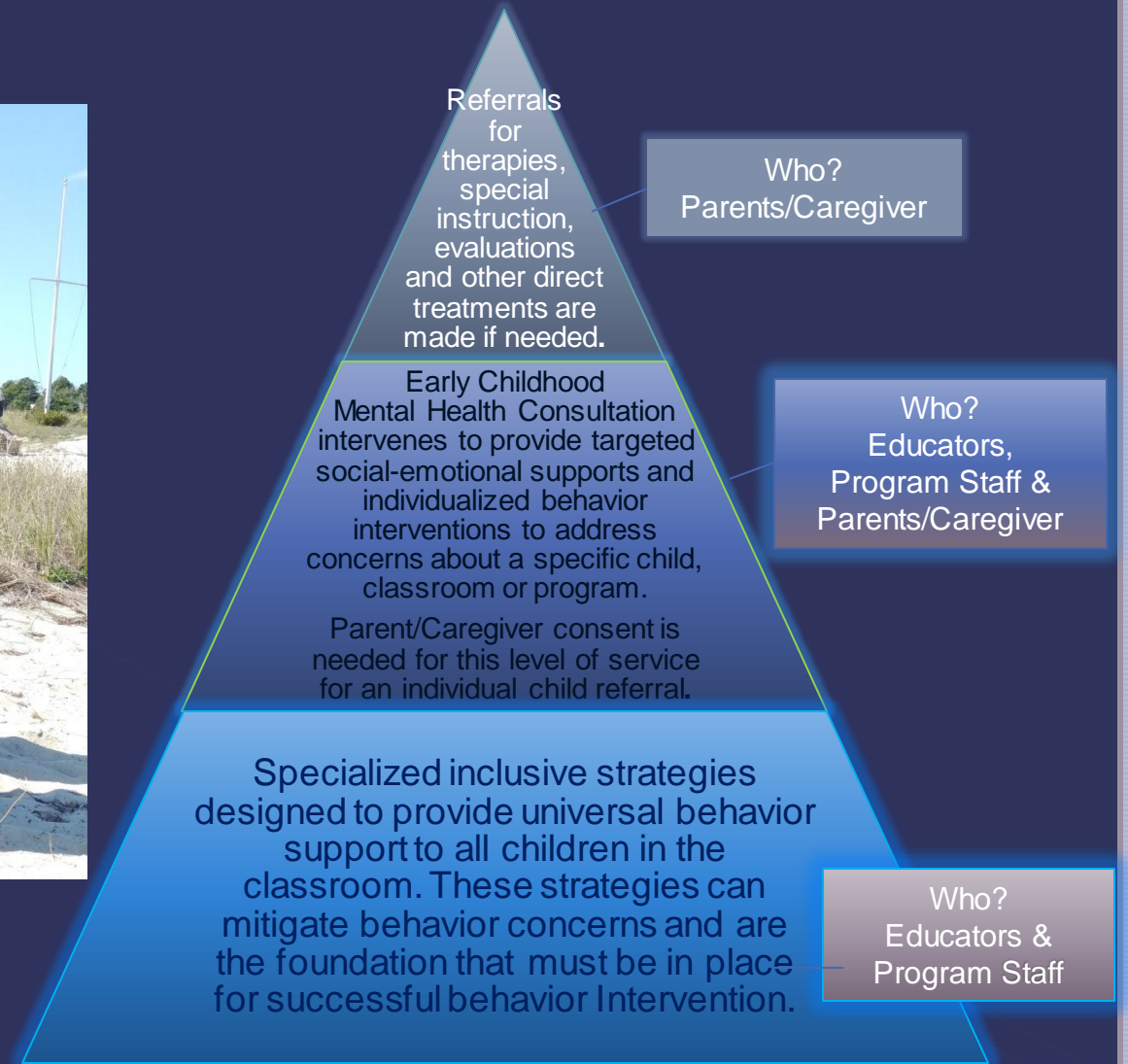
EARLY CHILDHOOD MENTAL HEALTH CONSULTATION (ECMHC)

- *The Early Childhood Training and Consultation (ECTC) program is comprised of a multi-disciplinary team of early childhood, mental health, and education professionals who partner with childcare programs and families to support the healthy development of young children, particularly those who are emotionally, behaviorally or developmentally at-risk.*
- *Early Childhood Mental Health Consultants form collaborative relationships with educators and families to work together to build the capacity of the early childhood staff to address and/or prevent challenging behaviors and foster social-emotional development. Consultants will help support the program to work with families to ensure continuity to build social emotional skills at the program and at the home for the child.*
- *Consultants work alongside educators in their classroom setting to share strategies and model evidence-based interventions, facilitate referrals as needed and promote a deeper understanding of the factors that effect children's social-emotional development.*

THE PROCESS



JRI's Early Childhood
Training & Consultation Team



What is Early Childhood
Mental Health Consultation?

EARLY CHILDHOOD TRAINING & CONSULTATION PROGRAM

STEP ONE: The Referral



- Please email Referral Form and Consent to Receive Services Forms to ECTC Program Director, Stacey Gay- sgay@jri.org and Early Childhood Coordinator, Lokia Small- lsmall@jri.org.
- Referrals can be for an individual child, a classroom or the program. Types of programs include: Center-Based Programs, Family Child Care Programs (FCCs), Public Preschool and Out of School Time Programs.



- Referral Form and Consent to Receive Services Form can be found on the **JRI.org** website under SERVICES, in addition to the EEC Consent Form.
- Then click on FOSTER CARE AND CHILDHOOD SERVICE
- Then click on EARLY CHILDHOOD TRAINING & CONSULTATION

LINK <https://jri.org/services/foster-adoption-ecs/early-childhood-training>

STEP TWO: Follow-Up Call & Intake



Stacey Gay



Lakia Small

- The ECTC Program Director or Early Childhood Coordinator will attempt to contact the Center Director within 24 business hours of receiving the Referral to complete the intake process.
- We will explore the ability to provide a virtual consultation and the program's technology capabilities.
- Once the intake process is completed, an Early Childhood Consultant will be assigned so that services can start.
- The Early Childhood Consultant will contact the Center Director to schedule an appointment.



STEP THREE: Virtual Consultation

- Due to COVID-19, supports will be provided virtually at this time.
- The Early Childhood Consultant will talk with the Center Director and Educators to understand the needs and concerns.
- The Early Childhood Consultant will complete or update the annual Service Delivery Plan and the annual Partnership Agreement with the Center Director.
- The Early Childhood Consultant will ask to schedule a virtual tour of the classroom when children are not present.



Step 3 Virtual Consultation Continued...

- Per Department of Early Education and Care (EEC) guidance around Health and Safety Guidelines, we are not able to observe the classroom or playground in person at this time.
- The Early Childhood Consultant will be available to consult virtually or via telephone/email with staff and families.
- The Early Childhood Consultant will be available to provide virtual observation with consent from the referred child's family and notification to the families of the other children in the classroom
- We will provide the Center Director with a "General Classroom Telehealth Notice" that the program must utilize to notify families in the program that a virtual observation is occurring (per EEC Guidance).
- The virtual observation session will NOT be recorded.



STEP FOUR: Assessment



Devereux Early Childhood Assessment (DECA)



- Assess a child's level of internal protective factors, or resiliency (self-control, initiative, attachment)
- Create a classroom profile to pair with lessons for school, share information with parents for strategies at home
- Goal: Strengthen protective factors and minimize impact of risk factors
- Infant/Toddler, Preschool, School-age, and Clinical versions
- Short screen for Problem Behavior

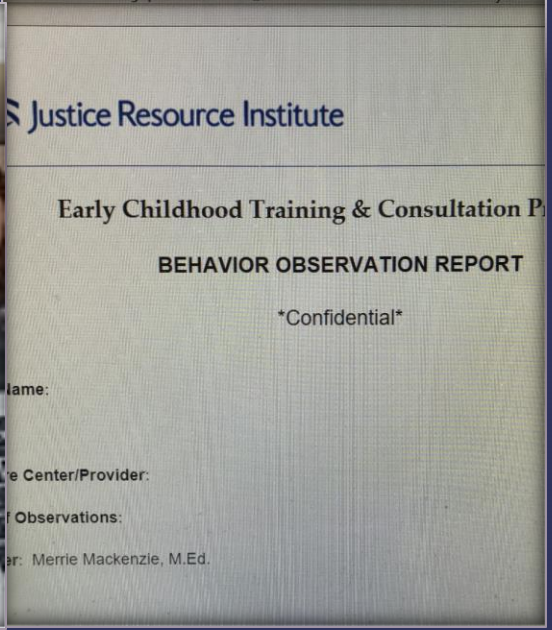
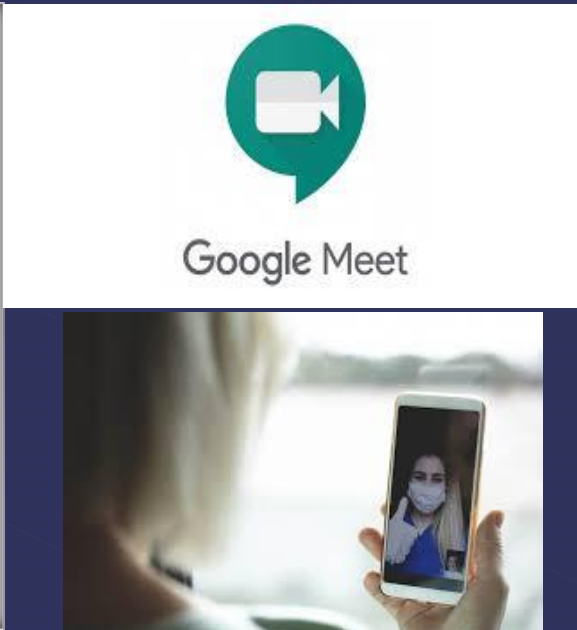
- The DECA I/T, DECA-C or DESSA ASSESSMENT Forms will need to be completed by:
 - Educator and Family
- We can provide paper copies or email versions. We are also available to ask the questions over the telephone if needed.
- Once the assessment tool is completed, the Early Childhood Consultant will score the assessment tool.
- A Pre-DECA I/T, DECA-C or DESSA is completed at the beginning of the consultation services. A Post assessment is completed later.

STEP FIVE: Behavior Observation Report

- A Behavior Observation Report is written after the Early Childhood Consultant has consulted with the Center Director and educators and observed the classroom.
- The Early Childhood Consultant will utilize a Teaching Pyramid Observation Tool (TPOT or TPITOS).
- The following items will be needed to complete the report: teacher feedback forms, teacher checklists, and the assessments.
- Typically 2-5 hours of consultation and observation time are provided prior to writing the report.

It is through activity that children learn to develop self-control, not through sitting still.
-Ellen Gallinski



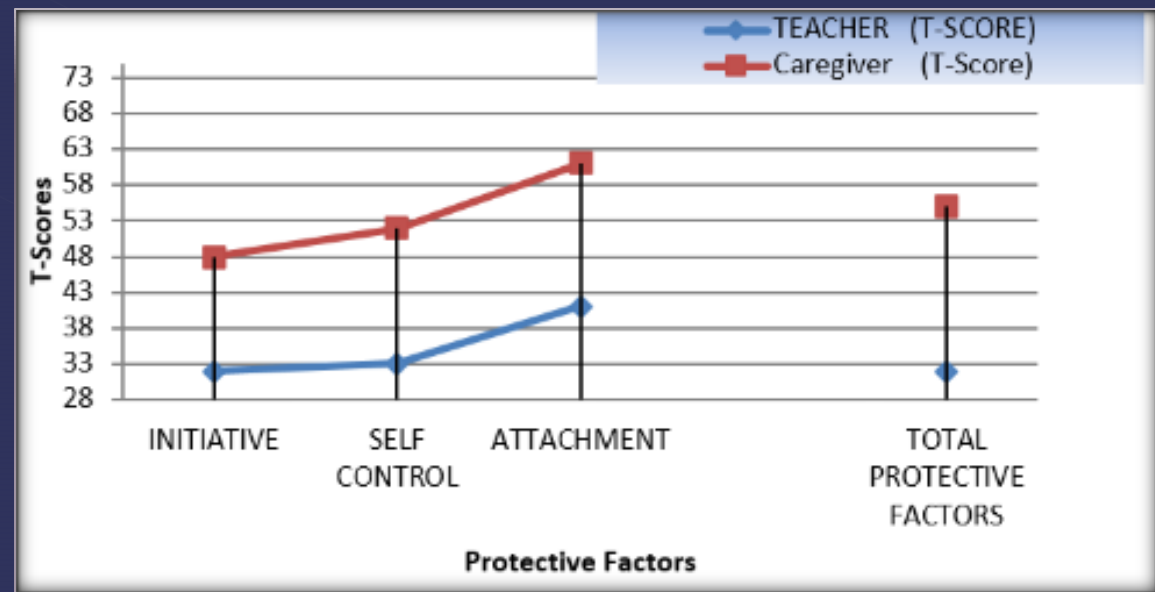
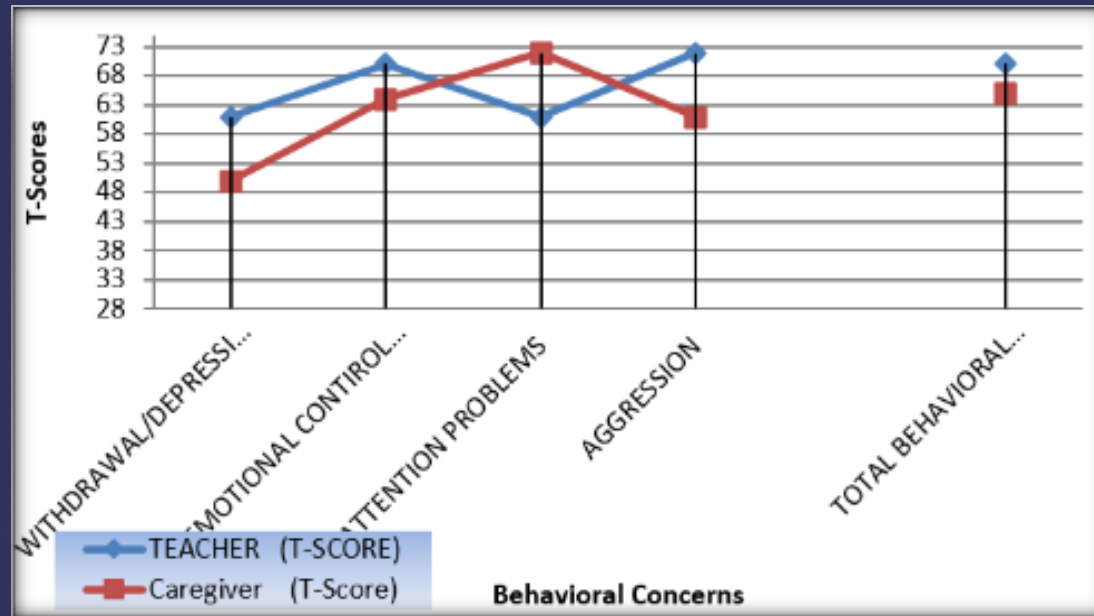


STEP SIX:

Behavior Observation Report is reviewed with Educator, Center Director and Family

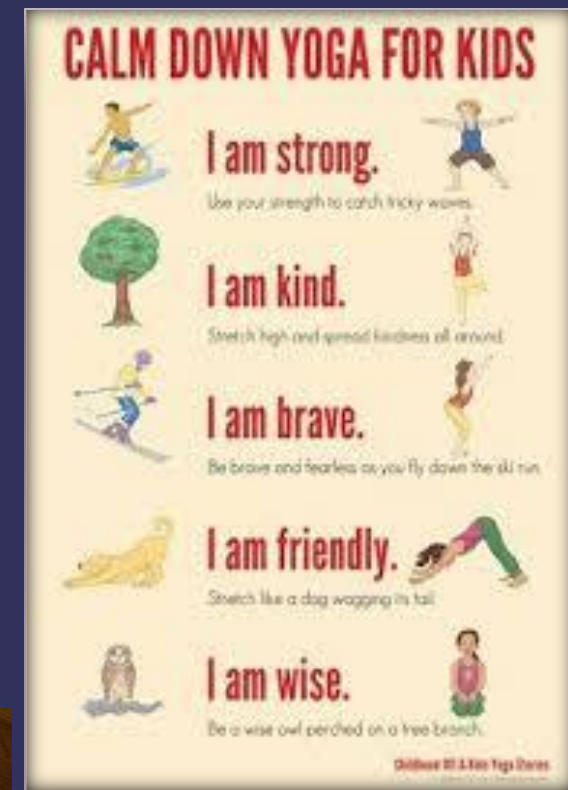
Included in STEP SIX:

We will review the
DECA I/T,
DECA-C or DESSA
Assessment Tool
Results
with the Family
and Teacher



STEP SEVEN: Action Plan

- IDENTIFY EDUCATOR GOALS.
- IDENTIFY STRATEGIES AND TOOLS TO USE TO SUPPORT TEACHER AND CHILD IN THE CLASSROOM.
- MODEL HOW TO USE THE STRATEGIES IF NEEDED.
- PROVIDE RESOURCES AND HELP MAKE REFERRALS IF NEEDED.
- IDENTIFY PROGRAM NEEDS/GOALS AND OPPORTUNITIES FOR PROFESSIONAL DEVELOPMENT TO HELP BUILD SKILL CAPACITY.





STEP EIGHT: Monitoring

- We will maintain contact and be available to model how to use the recommended strategies/tools virtually to support adult/child dyad.
- We will help the educators and Center Directors as they build supports and skill capacity into their program.
- The average course of consultation services is 3-6 months, though more time may be requested based on need.



Our Ongoing Consultation Services:



We know that these are trying, and unfamiliar times. We appreciate you continuing to put your trust in us and allowing us to support you and your program. We thank you for your flexibility as we figure out the most efficient and effective way to deliver this service virtually. Please note that we are happy to revisit this process and to alter our methods at any point during the consultation process if you determine that the methods chosen here are no longer feasible for your program (within adherence to EEC guidelines).

QUESTIONS?



Thank you!!!

Contact Stacey Gay, Program Director, Early Childhood Training & Consultation @ sgay@jri.org