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## **I. BACKGROUND**

### **Education and Training**

- 2012 Postdoctoral Fellowship, Clinical Psychology  
The Trauma Center at Justice Resource Institute
- 2010 Temple University, Philadelphia, PA.  
Doctorate, Clinical Psychology (APA Accredited)  
Dissertation Title: *Child Maltreatment and Aggression: The Mediating Role of Moral Disengagement, Emotion Regulation, and Emotional Callousness among Juvenile Offenders*  
Advisor: Laurence Steinberg, Ph.D.
- 2007 Temple University  
Master of Arts, Clinical Psychology
- 2002 University of Maryland at College Park, College Park, MD.  
Bachelor of Science, Psychology

### **Professional Positions**

- 2021- Principal Investigator, Building Resilience through Residential Communities, National Child Traumatic Stress Network (NCTSN)
- 2021- Director, Institute for Dissemination, Evaluation, and Advancement of Trauma Informed Care, Justice Resource Institute
- 2020- Research Director, Justice Resource Institute (JRI)
- 2020- Principal Investigator, Complex Trauma Treatment Network, NCTSN
- 2018- Principal Investigator, Metro Boston Complex Trauma Treatment Initiative, NCTSN
- 2018- Senior Training Faculty, Center for Trauma Training
- 2016- Research Assistant Professor of Clinical Practice, Psychology Department, Suffolk University
- 2017-2020 Co-Director, Complex Trauma Treatment Network, NCTSN
- 2012-2020 Director of Research Operations, Trauma Center at JRI
- 2015-2017 Associate Director, Institute for Research Investigation and Evaluation (IRIE), JRI
- 2012-2017 Associate Director, Complex Trauma Treatment Network, NCTSN

2012-2014	Director of Trauma Informed Services, Glenhaven Academy, JRI
2010-2012	Postdoctoral Fellow, Trauma Center at JRI
2002-2004	Post baccalaureate Intramural Research Training Award, Section on Development and Affective Neuroscience, National Institute of Mental Health (NIMH)

### **Certification & Licensure**

2013	MA Licensed Clinical Psychologist
2013	National Trainer, Attachment, Regulation & Competency (ARC)
2012	Certification in Traumatic Stress Studies The Trauma Center at JRI

## **II. RESEARCH & SCHOLARSHIP**

### **Grants Funded**

#### ***Current Funding***

##### **1. *Building Resilience through Residential Communities (BRTRC)***

The BRTRC project will develop, adapt, and disseminate trauma-informed care (TIC) approaches and evidence-based practices (EBPs) for residential treatment centers nationwide, serving high risk, trauma-impacted youth. The primary goals of the BRTRC project are: (1) wide scale dissemination, implementation and sustainability of Building Communities of Care (BCC), a trauma and evidenced informed, strengths based model designed to address the unique needs of RTCs; (2) to increase access to EBPs for trauma in RTCs serving trauma-impacted youth through intensive training and technical assistance in Attachment, Regulation, and Competency (ARC), Trauma Focused CBT (TF-CBT), and Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS); and (3) to build a trauma-informed workforce in RTCs through education, training and technical assistance via both intensive RTC partnerships and national dissemination activities.

SAMHSA-CMHS, National Child Traumatic Stress (NCTSN) Category II Treatment and Services Adaptation Center

Project Period: 9/30/2021 – 9/29/2026

Total Funding: \$3,000,000

Role: Principal Investigator

##### **2. *Complex Trauma Treatment Initiative (CTTI)***

The CTTI housed at Adelphi University's Institute for Adolescent Trauma Treatment draws upon the expertise of the nation's leading treatment developers in the area of complex trauma to lead national training initiatives that will; 1) intensively train multidisciplinary providers to implement and deliver evidence-based Complex Trauma treatments to culturally, ethnically, and racially diverse justice-involved youth (JIY), refugee/asylum-seeking minors (RASM), and trauma-exposed youth in urban and rural high-risk schools, 2) adapt existing interventions and develop innovative and specialized multi-media resources (e.g. youth-led videos, web-based and in-person workshops) for RASM and JIY, and 3) promote

sustainability of these practices through the development and refinement of processes and protocols to embed interventions within child-serving systems.

SAMHSA-CMHS, National Child Traumatic Stress (NCTSN) Category II Treatment and Services Adaptation Center

Project Period: 9/30/2021 – 9/29/2026

Total Funding: \$147,500

Role: Lead Evaluator

3. *The National Center on Child Trafficking*

This national network of experts in trauma, trafficking, and implementation science housed at Georgia State University has as its central goal to develop, adapt, deliver, and disseminate products, resources, and interventions to improve outcomes for youth and families who have experienced commercial sexual exploitation and trafficking (CSET).

SAMHSA-CMHS, National Child Traumatic Stress (NCTSN) Category II Treatment and Services Adaptation Center

Project Period: 9/30/2021 – 9/29/2026

Role: Consultant

4. *Metropolitan Boston Complex Trauma Treatment Initiative (MB-CTTI)*

The mission of the MB-CTTI is to improve access to trauma-informed, evidence based practices (EBPs) and services for children and youth in Metro Boston impacted by complex trauma, and improve the ability of agencies serving this population to effectively implement these EBPs. The goals of this project are to: 1) Reduce health disparities and increase access to EBPs among high-risk, vulnerable subpopulations youth including LGBTQ youth; youth in state custody; urban youth of color; youth in military families; and trafficked or exploited youth; and 2) Strengthen the infrastructure of partner programs to effectively deliver and sustain EBPs for complexly traumatized youth and families.

SAMHSA-CMHS, National Child Traumatic Stress Initiative (NCTSN) Category III Community Treatment and Services Center

Project Period: 9/30/2018-9/29/2023

Total Funding: \$2,000,000

Role: Principal Investigator

5. *Complex Trauma Treatment Network*

The goals of this project are to: 1) Transform state and multi-county systems of care serving children and families impacted by complex trauma; 2) Address complex trauma service gaps in residential treatment centers, juvenile justice detention centers, shelters and foster care, as well as for youth of color living amidst poverty or urban violence; 3) Increase national access to EBPs for complex trauma; and 4) Expand regional, national, virtual and Web-based dissemination of NCTSN and CTTN products and resources.

SAMHSA-CMHS, National Child Traumatic Stress (NCTSN) Category II Treatment and Services Adaptation Center

Project Period: 9/30/2016-9/29/2023

Total Funding: \$3,000,000

Role: Principal Investigator

***Previous Funding***

1. *Evaluation of the Attachment, Regulation and Competency (ARC) Framework for the Treatment of Complex Trauma in Children*

Lookout Foundation

Project Period: 9/1/2016-8/30/2021

Role: Principal Investigator

2. *Exploring the Phenomenology, Physiology, and Dyadic Processes of an IFS Intervention: A Pilot Study*, Foundation for Self-Leadership  
Project Period: 5/1/2016-9/30/2017  
Role: Principal Investigator
3. *The LAMP Curriculum: Illuminating Understanding and Enhancing Multidisciplinary Response to Trauma*  
Office of Victims of Crime, Department of Justice  
Project Period: 10/1/2015-9/30/2018  
Role: Project Director
4. *A Pilot Intervention Study of Internal Family Systems (IFS) Therapy in Adults with PTSD and Complex Trauma*  
Foundation for Self-Leadership  
Project Period: 1/1/2015-12/31/2016  
Role: Principal Investigator
5. *Exploring the association of trauma specific characteristics and subtypes of psychological maltreatment to negative mental health outcomes among youth in the Core Data Set*  
National Child Traumatic Stress Network (NCTSN) Mini-grant  
Project Period: 10/2013-4/2014  
Role: Principal Investigator
6. *Evaluating the Effectiveness of Biofeedback to Reduce Mental Health Symptoms in Traumatized Children*  
Private Donor  
Project Period: 2/1/2014-1/31/2015  
Role: Co-Investigator
7. *Complex Trauma Treatment Network*  
SAMHSA-CMHS, National Child Traumatic Stress Initiative  
Project Period: 9/30/2012-9/29/2016  
Role: Associate Director

## Publications

1. **Hodgdon, H.B.**, Anderson, F.G., Southwell, E., Hrubec, W., & Schwartz, R. (2021). Pilot study of Internal Family Systems therapy for adults with a history of childhood trauma and chronic PTSD. *Journal of Aggression, Maltreatment and Trauma*. <https://doi.org/10.1080/10926771.2021.2013375>
2. Lord, K., Suvak, M., & **Hodgdon, H.B.** (2021). Trajectories of social functioning and symptom change among youth in residential care. *Journal of Child & Adolescent Psychopathology*. <https://doi.org/10.1080/10926771.2021.2013375>
3. Fehrenbach, T., Sax, R.M., Urban, T.H, Simon-Roper, L., Novacek, J., Aaby, D.A., **Hodgdon, H.B.** (2021). Trauma treatment for youth in community-based settings: Implementing the Attachment, Regulation, and Competency (ARC) Framework. *Journal of Child and Family Studies*. <https://doi.org/10.1007/s10826-021-02096-x>

4. **Hodgdon H.B.**, Landers A.L. (2020) Psychological Maltreatment of Children: Influence Across Development. In: Geffner R., White J.W., Hamberger L.K., Rosenbaum A., Vaughan-Eden V., Vieth V.I. (eds) *Handbook of Interpersonal Violence and Abuse Across the Lifespan*. Springer, Cham. [https://doi.org/10.1007/978-3-319-62122-7\\_10-1](https://doi.org/10.1007/978-3-319-62122-7_10-1)
5. Suvak, M.K., Musicaro, R. M., & **Hodgdon, H.** (2020). PTSD and Emotional Granularity. In M. T. Tull & N. A. Kimbrel (Eds.). *Emotion and PTSD* (pp. 377-407). Elsevier: Cambridge, MA.
6. Nguyen-Feng, V., **Hodgdon, H.B.**, Emerson, D., Silverberg, R., & Clark, C.J. (2020). Moderators of treatment efficacy in a randomized controlled trial of trauma-sensitive yoga as an adjunctive treatment for posttraumatic stress disorder. *Psychological Trauma: Theory, Research, Practice, and Policy*.
7. Rogel, A., Melville, A., Hamlin, E., **Hodgdon, H.B.**, Spinazzola, J., & van der Kolk, B. (2020). The impact of Neurofeedback training on children with developmental trauma: A randomized control study. *Psychological Trauma: Theory, Research, Practice and Policy*.
8. Nguyen-Feng, V. N., Sundstrom, M., Asplund, A., & **Hodgdon, H.** (2020, March 15). *Bringing attention to childhood emotional abuse in psychotherapy with adults*. Society for the Advancement of Psychotherapy (APA Division 29). <https://societyforpsychotherapy.org/bringing-attention-to-childhood-emotional-abuse-in-psychotherapy-with-adults/> (Invited feature article)
9. **Hodgdon, H.B.**, Suvak, M.S., Zinoviev, D.Y., Liebman, R., Briggs, E.C., & Spinazzola, J. (2019). Network analysis of exposure to trauma and adverse events in a clinical sample of children and adolescents. *Psychological Assessment*.
10. **Hodgdon, H.B.** (2019) Component-based psychotherapy with adult survivors of emotional abuse and neglect. In: Hopper, E.K., Grossman, F.K., Spinazzola, J., & Zucker, M. (eds.) *Treating Adult Survivors of Childhood Emotional Abuse and Neglect: Component-Based Psychotherapy*. The Guilford Press.
11. **Hodgdon, H.B.**, Spinazzola, J., Briggs, E.C., Liang, L., Steinberg, A.M., & Layne, C.M. (2018). Maltreatment type, exposure characteristics, and mental health outcomes among clinic referred trauma-exposed youth. *Child Abuse & Neglect*.
12. **Hodgdon, H.B.**, Liebman, R., Martin, L., Suvak, M., Beserra, K., Rosenblum, W., & Spinazzola, J. (2018). The effects of trauma type and executive dysfunction on symptom expression of polyvictimized youth in residential care. *Journal of Traumatic Stress, 31*, 255-264.
13. Van der Kolk, B., **Hodgdon, H.B.**, Gapen, M., Musicaro, R., Suvak, M., Hamlin, E., & Spinazzola, J. (2016). A randomized controlled study of neurofeedback for chronic PTSD. *PLoS ONE*.
14. Dym Bartlett, J., Barto, B., Griffin, J.L., Goldman Fraser, J., **Hodgdon, H.B.**, & Bodian, R. (2015). Trauma-informed care in the Massachusetts Child Trauma Project. *Child Maltreatment*.
15. **Hodgdon, H. B.**, Blaustein, M.B., Kinniburgh, K., & Spinazzola, J. (2015). Application of the ARC model with adopted children: Supporting resiliency and family well being. *Journal of Child and Adolescent Trauma*.
16. Spinazzola, J., **Hodgdon, H.B.**, Liang, L.J., Ford, J., Layne, C., Pynoss, R., Stolbach, B., & Kisiel, C. (2014). Unseen Wounds: The Contribution of Psychological Maltreatment to Child and Adolescent Mental Health and Risk Outcomes in a National Sample. *Psychological Trauma*.

17. Warner, E., Spinazzola, J., Wescott, A., Gunn, C., & **Hodgdon, H.B.** (2014). The body can change the score: Empirical support for the somatic regulation in the treatment of traumatized adolescents. *Journal of Child and Adolescent Trauma*.
18. **Hodgdon, H.B.**, Kinniburgh, K., Gabowitz, D., Blaustein, M., & Spinazzola, J. (2013). Development and implementation of trauma-informed programming in residential schools using the ARC framework. *Journal of Family Violence*.
19. Spinazzola, J., Habib, M., Knoverek, A., Arvidson, J., Nisenbaum, J., Wentworth, R., **Hodgdon, H.B.**, Pond, A., & Kisiel, C. (Winter, 2013). The heart of the matter: Complex trauma in child welfare. *CW360 Trauma-Informed Child Welfare Practice, CASCS, University of Minnesota, 37*, 8-9.
20. Masten, C.L., Guyer, A.E., **Hodgdon, H.B.**, McClure, E.B., Charney, D.S., Ernst, M., Kaufman, J., Pine, D.S., & Monk, C.S. (2008). Recognition of facial emotions among maltreated children with high rates of post-traumatic stress disorder. *Child Abuse and Neglect, 32*, 139-153.
21. Guyer, A.E., Kaufman, J., **Hodgdon, H.B.**, Masten, C.L., Jazbec, S., Pine, D.S., & Ernst, M. (2006). Behavioral alterations in reward system function: The role of childhood maltreatment and psychopathology. *Journal of the American Academy of Child & Adolescent Psychiatry, 45*, 1059-1067.
22. Easter, J., McClure, E.B., Monk, C.S., Dhanani, M., **Hodgdon, H.B.**, Leibenluft, E., Charney, D.S., Pine, D.S., & Ernst, M. (2005). Emotion regulation deficits in pediatric anxiety disorders: Implications for amygdala research. *Journal of Child and Adolescent Psychopharmacology, 15*, 563-570.

### Professional Conference Presentations

1. **Hodgdon, H.B.**, McCarthy, K., McKechnie, R., Southwell, E., & Blaustein, M. (November, 2021). COVID19 Pandemic: Personal and professional impacts on mental health practitioners. Poster accepted to be presented at the annual meeting of the International Society of Trauma Stress Studies (ISTSS), Virtual Conference.
2. **Hodgdon, H.B.**, Lord, K., & Martin, L. (August, 2021). Racial differences in exposure to trauma and adversity and severity of posttraumatic stress and dissociation among children and youth. Paper presented as part of the symposium entitled: *Expanding Our Understanding of Dissociation: New Findings Across Diverse Racial Groups and Ages* presented at the annual meeting of the American Psychological Association (APA), Virtual Conference.
3. **Hodgdon, H.B.**, Martin, L., Li, B., & Suvak, M. (November, 2020). Racial differences in exposure to trauma and adversity, mental health symptoms, and response to trauma-informed treatment among children and youth. Poster presented at the annual meeting of the International Society of Trauma Stress Studies (ISTSS), Virtual Conference.
4. **Hodgdon, H.B.**, Suvak, M., Lord, K., Martin, L., Beserra, K., & Briggs, E. (November, 2020). Trajectories of dissociation among youth in residential care. Paper presented as part of the symposium entitled: *Current Research on the Nature and Impact of Dissociation* presented at the annual meeting of the International Society of Trauma Stress Studies (ISTSS), Virtual Conference.
5. Goldblum, E., McCarthy, K., Lord, K., Blaustein, M., & **Hodgdon, H.B.** (November, 2020). Does criterion A trauma predict posttraumatic stress symptom severity on the CAPS-CA-5? Poster presented

at the annual meeting of the International Society of Trauma Stress Studies (ISTSS), Virtual Conference.

6. McCarthy, K., Lord, K., Blaustein, M., & **Hodgdon, H.B.** (November, 2020). The association between trauma history and symptoms of posttraumatic stress and developmental trauma disorder. Poster presented at the annual meeting of the International Society of Trauma Stress Studies (ISTSS), Virtual Conference.
7. **Hodgdon, H.B.**, Lord, K., Suvak, M., Briggs, E.C., Martin, L., & Beserra, K. (November, 2019). Trajectories of symptom change among polyvictimized youth in residential care. Poster presented at the annual meeting of the International Society of Traumatic Stress Studies (ISTSS), Boston, MA.
8. Lord, K., Suvak, M., & **Hodgdon, H.B.** (November, 2019). Social Functioning and PTSD Symptom Change among Youth in Residential Care: A Multilevel Cross-lagged Growth Analysis. Poster presented at the annual meeting of the International Society of Traumatic Stress Studies (ISTSS), Boston, MA.
9. McCarthy, K. D., Suvak, M., Blaustein, M., Demirpençe Seçinti, D., & **Hodgdon, H.** (2019, November). Trauma Exposure, Attachment Beliefs, and Strengths as Predictors of Posttraumatic Adaptation. Poster presented at 35th Annual Meeting of International Society for Traumatic Stress Studies. Boston, MA.
10. **Hodgdon, H.B.** (November 2017). Chair: symposium entitled *Application of Network Analysis to the Etiology and Sequelae of Traumatic Stress* presented at the annual meeting of International Society of Traumatic Stress Studies (ISTSS), Chicago, IL.
11. **Hodgdon, H.B.**, Suvak, M., Zinoviev, D.A., Liebman, R., Briggs, E.C., & Spinazzola, J. (November, 2017). Network Analysis of Exposure to Trauma and Maltreatment in a Clinical Sample of Children and Adolescents. Paper presented at the annual meeting of International Society of Traumatic Stress Studies (ISTSS), Chicago, IL.
12. **Hodgdon, H.B.**, Gustella-Anderson, F., Southwell, E., Hrubec, W., & Schwartz, R. (November, 2017). Pilot Study of Internal Family Systems Therapy for Adults with a History of Childhood Trauma and Chronic PTSD. Poster presented at the annual meeting of International Society of Traumatic Stress Studies (ISTSS), Chicago, IL.
13. Suvak, M., **Hodgdon, H.B.**, Zinoviev, D.A., Liebman, R., Briggs, E.C., & Spinazzola, J. (May, 2017). Network analysis of exposure to trauma and adverse events in a clinical sample of children and adolescents. Poster presented at the annual meeting of the Association for Psychological Science, Boston, MA.
14. **Hodgdon, H.B.** & Rogel, A. (2016). Neurofeedback for affect dysregulation and impairment of executive functioning. Workshop presented at the 27<sup>th</sup> annual International Trauma Conference on Psychological Trauma, Boston, MA.
15. **Hodgdon, H.B.**, Spinazzola, J., Musicaro, R., Rogel, A., Suvak, M., & van der Kolk, B. (2015). Impact of Neurofeedback on Executive Function and Trauma Related Symptoms among Children with Histories of Complex Trauma. Paper presented as part of the symposium entitled *Neurofeedback for Complex Trauma: An Examination of Clinical Utility across Development* at the annual meeting of the International Society of Traumatic Stress Studies (ISTSS), New Orleans, LA.

16. **Hodgdon, H.B.**, Martin, L., Liebman, R., & Spinazzola, J. (2015, November). Exploring Constellations of Trauma Exposure among Youth with Complex Trauma. Poster presented at the annual meeting of the International Society of Traumatic Stress Studies (ISTSS), New Orleans, LA.
17. **Hodgdon, H.B.**, Baker, M., & Spinazzola, J. (2015, August). Disrupted executive function partially mediates the impact of trauma exposure on externalizing behaviors among youth. Paper presented as part of the symposium entitled *The Heavy Burden of Child Maltreatment: A Needed Dimensional and Developmentally Sensitive Approach* at the annual meeting of the American Psychological Association, Toronto, CA.
18. Forrest, S., Rose, S., Spinazzola, J., & **Hodgdon, H.B.** (2015, April). Developing positive identities through competency planning – A trauma-informed approach to mastery and resilience. Workshop presented at the annual meeting of the American Association for Children’s Residential Services, Savannah, GA.
19. Barto, B., Griffin, J., Goldman-Fraiser, J., & **Hodgdon, H.B.** (2015, March). Implementing trauma-focused evidence based treatments in community mental health settings: Key questions in research and practice. Roundtable session at the biennial meeting of the Society for Research on Child Development, Philadelphia, PA.
20. **Hodgdon, H.B.**, Spinazzola, J., Liang, L.J., Briggs-King, E., Gerwitz, A., & Layne, C. (2014, November). Examination of Trauma Profiles among Youth in the CORE Data Set. Paper presented as part of the symposium entitled *Type of Trauma Exposure Matters: Broadening and Building on ACEs* at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
21. Van der Kolk, B., Spinazzola, J., **Hodgdon, H.B.**, Musicaro, R., Suvack, M. (2014, November). A Randomized Control Trial of Neurofeedback for Chronic PTSD. Paper presented as part of a symposium entitled *EEG Parameters and Neurofeedback Treatment of PTSD* at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
22. **Hodgdon, H.B.**, Spinazzola, J., Rose, S., & Forrest, S. (2014, April). Out of the Abyss: The van der Kolk Approach to Comprehensive, Trauma Informed Residential Services for Youth. Workshop presented at the American Association for Children’s Residential Services annual meeting, San Francisco, CA.
23. Spinazzola, J., Rose, S., Forrest, S., & **Hodgdon, H.B.** (April, 2012). The Attachment, Self-Regulation and Competency (ARC) Model: Bringing trauma focused care to the therapeutic milieu. Workshop presented at the American Association for Children’s Residential Services annual meeting, New Orleans.
24. Spinazzola, J., **Hodgdon, H.B.**, Liang, L.J., Kisiel, C., Ford, J., Layne, C., Stolbach, B., van der Kolk, B. (2011, November). The contribution of psychological maltreatment to child and adolescent outcomes. Paper presented as part of a symposium entitled *Understanding Complex Patterns of Trauma Exposure and Clinical Needs among Children and Adolescents: Evidence from the Large-Scale Core Dataset of the National Child Traumatic Stress Network* at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.
25. **Hodgdon, H. B.**, & Steinberg, L. (2010, March). The impact of emotional maltreatment on aggression in a sample of serious juvenile offenders. Poster presented at the biennial meeting of the Society for Research on Adolescence, Philadelphia, PA.



26. **Hodgdon, H. B.**, & Steinberg, L. (2009, March). The impact of child maltreatment and emotion regulation on mental health in a sample of juvenile offenders. Paper presented as part of a symposium entitled *Risk Factors for Antisocial Behavior: Gender Differences and Similarities*, at the biennial meeting of the Society for Research on Child Development, Denver, CO.
27. **Hodgdon, H.B.**, & Steinberg, L. (2008, November). Childhood sexual abuse and adolescent internalizing pathology: The protective effect of positive family relationships. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
28. **Hodgdon, H.B.**, Lanza, H.I., & Drabick, D.A.G. (2008, March). The effects of child behavior problems and daily hassles on maternal generalized anxiety disorder symptoms. Poster presented at biennial meeting of the Society for Research on Adolescence, Chicago, IL.
29. **Hodgdon, H. B.**, & Steinberg, L. (2007, March). The impact of child maltreatment on adolescent psychological functioning and the role of supportive peer relationships. Poster presented at the biennial meeting of the Society for Research on Child Development, Boston, MA.
30. Masten, C.L., Schweder, A.E., **Hodgdon, H.B.**, et al. (2004, March). Effects of maltreatment and psychiatric diagnosis on identification of emotional facial expressions in children. Poster presented at the Fifty-ninth Annual Convention of the Society of Biological Psychiatry, New York, NY.

### III. TEACHING

#### Teaching Positions

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| 2018-     | Senior Faculty, Center for Trauma Training<br>Provide basic and advanced training and consultation in clinical and systems level implementation of the Attachment, Regulation and Competence (ARC) framework to professionals working with children, youth, and families impacted by childhood trauma and adversity.   |
| 2015-2018 | Senior Trainer, The Neurobiology of Sexual Assault and Interpersonal Violence: Workshop for Law Enforcement, Advocates, Mental Health Professionals, and Prosecutors (LAMP Curriculum), The Trauma Center at JRI<br>Provided training to police officers, social workers, prosecutors, and advocates in the neurobiology of trauma, impact of trauma on memory systems, and trauma-informed practice principles. |
| 2013-     | Trainer, Resource Parent Curriculum (RPC), NCTSN<br>Train professionals to deliver a trauma-informed parenting workshop to caregivers of children and youth with histories of exposure to trauma and adversity.  |
| 2013-2016 | Trainer, NCTSN Child Welfare Trauma Training Toolkit: Essential Elements of a Trauma Informed Child Welfare System, Massachusetts Child Trauma Project<br>Train child welfare professionals in trauma informed care practice principals.   |
| 2012-2020 | Senior Training Faculty, The Training Institute<br>The Trauma Center at JRI  |

Provide contracted training, lectures, and keynote addresses on various topics including Complex Trauma, Neurobiology of Trauma, Attachment Theory and Trauma, Trauma-Informed Care Principles, Impact of Trauma on Child Development, and Attachment, Regulation, and Competence (ARC).

2012-2020 Faculty, The Certificate Program in Traumatic Stress Studies  
The Trauma Center at JRI  
Provide training and consultation to mental health professionals on Complex Trauma, Attachment Theory, Neurobiology of Trauma, and Vicarious Trauma and Self Care.

### **Invited Lectures and Workshops**

1. Hodgdon, H.B., & Goldsmith, R.J. (June, 2020). The Intersection of Maternal and Adolescent Trauma and OUD / SUD. *New England Mental Health Technology Transfer Center Network and Co-Occurring Collaborative Serving Maine Virtual Training Series*.
2. Hodgdon, H.B. (June, 2020). The Neurobiology of Sexual Assault & Complex Trauma: Influence on the Brain, Body and Behavior. *Anchorage Community Mental Health Services, 10<sup>th</sup> annual Advanced Trauma Training Institute, Anchorage, AK*.
3. Hodgdon, H.B. (September & October, 2019). Trauma and the Attachment System & The Neurobiology of Trauma. *Trauma Center at JRI Certificate Program in Traumatic Stress Studies, Brookline, MA*.
4. Hodgdon, H.B. (April, 2019). Complex Trauma: Influence on the Brain, Body and Behavior. *New England Mental Health Technology Transfer Center Network, Worcester, MA*.
5. Hodgdon, H.B. (May, 2019). Neurobiology of Complex Trauma. *Massachusetts Children's Alliance Conference, Framingham, MA*.
6. Hodgdon, H.B. & Rogel, A. (June, 2017). Neurofeedback for Affect Dysregulation and Impairment of Executive Functioning. *Annual International Psychological Trauma Conference, Boston, MA*.
7. Hodgdon, H.B. (October, 2014). The Physiological Impact of Complex Trauma and How to Help Children Calm their Bodies and Minds. *Saratoga County Citizen's Committee for Mental Health and the Youth and Family Services Team of Saratoga County Mental Health Center annual conference, Saratoga Springs, NY*.
8. Hodgdon, H.B. (July, 2014 & 2016) The Neurobiological Underpinnings of Complex Trauma. *Trauma Center Summer Training Institute, Hyannis, MA*.
9. Spinazzola, J., Forrest, S., Hodgdon, H.B., & Rose, S. (October, 2013). Integrating Trauma-Informed Staffing and Programming into Residential Systems. *Complex Trauma Treatment Network, New England Regional Conference*.
10. Hodgdon, H.B. (September, 2013). The Impact of Trauma on the Body and Brain: How Educators can Recognize Trauma's Effects in the Classroom. *Fourth Annual Union County School Task Force*.
11. Hodgdon, H.B. (September, 2012). Vicarious Trauma and Self Care. *Recruitment, Training & Support Center for Special Education for Surrogate Parents, First Annual Conference*.

12. Spinazzola, J., Rose, S., Forrest, S., & Hodgdon, H.B. (June, 2012). The Attachment, Self-Regulation and Competency (ARC) Model: Bringing trauma focused care to the therapeutic milieu. *Annual International Psychological Trauma Conference, Boston, MA.*
13. Hodgdon, H. B. (December, 2010). Child maltreatment and aggression: The mediating role of moral disengagement, emotion regulation, and emotional callousness among juvenile offenders. *The Trauma Center Lecture Series, Boston, MA.*

#### **IV. SERVICE**

##### **Professional Organization Service**

Co-Chair, Justice Resource Institute, Institutional Review Board (IRB)

Member National Child Traumatic Stress Network, Resource Parent Curriculum (RPC) working group

Member NCTSN Critical Appraisal Vignette Taskforce

##### **Reviewer**

Journal of Traumatic Stress

Journal of Aggression, Maltreatment, & Trauma

Residential Treatment of Children and Youth

Psychology and the Law

Child Abuse and Neglect

Disability and Rehabilitation

International Society for Traumatic Stress Studies Conference Reviewer

##### **Academic Service**

Dissertation Committee Member, Denise Kyte, Suffolk University, Dissertation entitled “*Dissociation: Factor structure, Predictors, and outcomes among treatment-seeking adolescents.*” Defended August 2020.