

The Functional Skills class focuses on many of the topics discussed during Skills 4 Living classes but offers hands-on opportunities for learning. Students will review and go into further detail on topics such as (but not limited to): hygiene, home repairs, safety, cleanliness, budgeting, banking, social services, executive functioning, transportation, etc. For example, when the topic is being able to make their own appointments and refill their own prescriptions the class discusses what students need to have when they make the phone call, they practice scripts of what to say on the phone, prepare for questions that may be asked of them and come up with scripts of possible answers. One of the staff members in the class then goes into a different room and students practice making the phone calls they have been preparing for. A similar hands-on approach is used with each topic covered over the course of the trimester. The course culminates in a field trip into the community where the students can practice some of the skills they have been working on in the classroom.