annual report



Justice Resource Institute works in partnership with individuals, families, communities and government to pursue the social justice inherent in opening doors to opportunity and independence.

A Message from the President of JRI

Dear Friends,

JRI is a broad array of social justice programs that reach individuals and families in residential and community settings. Each is specialized, deserving our attention and extensive description.

The numbers tell some of the story – an FY14 annual budget of over 137.7M, services to over 25,000 individuals, of which 1,100 were rendered residentially. Add in training and publishing on a national scale and you begin to get a sense of the breadth and depth of JRI.

Yet JRI is not an "umbrella" organization of disconnected brands and services. Its unifying vision allows for quick response to extensive clinical, social, and demographic challenges in a way that leverages the strengths of each program. If we add to that our noted ability to partner with government and other non-profits, you have an agency like no other.

JRI successfully weaves together programs so individuals can benefit from multi-disciplined expertise. The Trauma Center at JRI is a great example of how training and support from the nation's top experts allows JRI to infuse its programs with proven trauma-informed care.

JRI also develops service quality through organizational expansion. Its Southeastern MA merger with Community Care Services enhanced resources with (among other programs) specialized foster care. Adding STRIVE Boston with its international initiative enables JRI to address employment as a critical component of healing and citizenship.

New programs in 2015 will continue resource development and deepen JRI's commitment:

This coming year will mark the opening of a new off-campus residence at Berkshire Meadows, one of the regions first community-based residences to serve individuals with significant developmental disabilities and complex medical issues. Also, we will be opening JRI's second Full Circle Arts store, located in Westborough, which sells artwork made from recycled goods by artist with developmental disabilities. JRI also added STRIVE Boston with its international initiatives which enable our agency to address employment as a crucial component of healing and citizenship. As always we actively seek new opportunities to grow and enhance our impact, always in the service of social justice. Contact me at apond@jri.org if you have any ideas for us.

For all we have done and plan to do, we owe our success to an innovative and flexible staff who easily adapt to new challenges. We are grateful to them, and all of our funders, supporters, and friends who keep our organization moving forward.

With sincere thanks and warm regards,



Andy Pond President of JRI

Justice Resource Institute (JRI) is one of the nation's most dynamic and diverse not-for-profit organization. We have over 80 programs and 8 divisions. Below is a list of our divisions and the following pages include highlights from a program within each division.

Behavioral Health & Trauma Services

Tailored supports and services are offered to individuals, families, and communities impacted by trauma and adversity to reestablish a sense of safety and predictability in the world, and to provide them with state-of-the-art therapeutic care as they reclaim, rebuild, and renew their lives.

Community Based Services

Services are aimed at children, adolescents and their families struggling with significant emotional, behavioral and/or mental health issues. Our programs provide support for families in their home and communities to help them find success.

Developing Abilities

Assists adults with developmental needs to live and work in ways that reflect their choices and dreams. Through a variety of community-based, residential and day services, we support people to develop the skills that allow them to maximize their potential, participate in and contribute to the community.

Educational Services

Provides comprehensive educational services for adolescents coping with complex trauma, mental illness and emotional and behavioral challenges. Intensive individualized treatment interventions feature an array of services ranging from educational advocacy to boarding schools. Our schools are exceptional at meeting students where they are and guiding them to find their individualized success.

Transitional Services

Services are offered in group homes and pre-independent living programs designed to help youth gain and practice the skills necessary for independence and long-term success. These skills are acquired through education, housing, employment, recreation, health and safety, all promoting self sufficiency and independence.

Health & Housing Services

Provides services that encompass primary health care, legal advising, and housing assistance for LGBTQ youth, HIV positive clients, and those struggling with mental illness and homelessness. Our services offer help to individuals who are often marginalized from receiving quality care.

Youth Services & Foster Care

Youth Services offer optimum treatment environments for young people who are best served within an intensive specialized setting. Services are offered to children and adolescents with complex emotional, behavioral, medical and developmental challenges in private homes of specially trained, licensed foster parents.

Volunteer Services

Volunteers and interns have many different opportunities throughout our various programs. Volunteers can choose to read to children in a homeless shelter, mentor teens, provide administrative support, repair and paint our facilities, interpret or facilitate workshops. The opportunities are endless and valued by the organization and the clients that we serve. We seek volunteers and interns with interests that include but not limited to, social work, psychology, education, counseling, nursing, public relations and administrative support.

Behavioral Health & Trauma Services

BEHAVORIAL HEALTH & TRAUMA SERVICES PROGRAMS

Connecticut Behavioral Health Center

Integrated Clinical Services Metrowest Behavioral Health Center

My Life My Choice

Southeast Behavioral Health Center

Southern New England Behavioral Health & Trauma Total Achievement Program

Trauma Center at JRI



A Bold New Paradigm for Healing Traumatic Stress

Trauma is a fact of life. Veterans and their families deal with the painful aftermath of combat; one in five Americans has been molested; one in four grew up with alcoholics; one in three couples have engaged in physical violence. Such experiences leave traces on minds, emotions, and even on biology. Trauma sufferers frequently pass on their stress to their partners and children.*

Renowned trauma expert Bessel van der Kolk has spent over three decades working with survivors. In The Body Keeps the Score, he transforms our understanding of traumatic stress, revealing how it rearranges the brain's wiring, specifically areas dedicated to pleasure, engagement, control, and trust. He shows how these areas can be reactivated through innovative treatments including neurofeedback, mindfulness techniques, play, yoga, and other therapies. The Body Keeps the Score offers proven alternatives to drugs and talk therapy, and a way to reclaim lives.

My Life My Choice (MLMC) helps prevent the commercial sexual exploitation of adolescents through its nationally recognized survivor-led programming. The curriculum supports young victims through survivor mentoring, advocacy, and leadership development. Services also include prevention groups for vulnerable girls, and more recently boys, and national /local training to various youth-serving professionals on recognizing and preventing commercial sexual exploitation.

In FY2014 MLMC launched a pilot program providing survivor mentoring to exploited boys and transgender youth. MLMC reached 150 high-risk youth with prevention education, and trained over 1,000 service professionals. Of significance, five MLMC mentees enrolled in college; and, three MLMC Leadership Corps workshops engaged numerous girls, who, in partnership with the Support to End Exploitation Now Coalition, served as a Youth Advisory Committee; they also presented to numerous providers in law enforcement, forensics, the District Attorney's office, and Child Protective Services.

*van Der Kolk, Bessel. The Body Keeps The Score. New York: Penguin, 2014. Print.



COMMUNITY BASED SERVICES PROGRAMS

Cape and Islands Community Service Agency

Cape and Islands Behavioral Health Service

Connecticut Community Based Services

Dimock Community Based Services

First Connections

Metro-Boston Community Based Services

Metrowest Community Based Services

Northeast Community Based Services

SMART

Southeast Community Based Services

> Southeast In Home Behavioral Programs

> > YouthHarbors



Developing Equine Facilitated Psychotherapy at Bear Spot Farm and Foundation

JRI provides an array of innovative and evidence-based mental and behavioral health services throughout Massachusetts, Rhode Island, and Connecticut. All of JRI's Behavioral Health Centers and Community Based Services develop intervention methods tailored to meet the needs of children, adults and families dealing with a range of behavioral, emotional and psychological health conditions. Therapeutic services are individually designed to meet the goals of each client. Our services include; in-home and outpatient therapies, mentoring services, in-home behavioral support, intensive care coordination, parent/caregiver support and education, mentoring for commercially sexually exploited youth, community support for GLBT youth as well as mental health evaluation and consultation services.

JRI's Community Based Services (CBS) program in Boston is partnering with the Bear Spot Farm and Foundation, based in Concord, MA, to provide Equine Facilitated Psychotherapy (EFP) to children and adolescents with trauma histories. Using a combination of EFP and a community based adaptation of JRI's Attachment, Regulation, and Competency (ARC) trauma-informed framework, youth involved engage in a unique approach to treatment. In addition to providing psychotherapeutic sessions for youth, the farm also works to rescue horses. In reciprocal fashion, interaction with the youth helps the farm bring the horses back to health.

The JRI Boston Community Based Service Program is formally evaluating the outcomes from this ARC-based EFP program to highlight the benefits of the EFP trauma informed approach to treatment. Bear Spot Farm and Foundation is also conducting additional research using EEG monitoring to explore what is happening in the brain during the equine based therapeutic process, to better understand the potential of EFP as a powerful therapeutic modality.



DEVELOPING ABILITIES PROGRAMS

Day Habitation Services & Supports Employment Services

Full Circle ARTS

Residential Services & Supports

"I know first hand how important the programs at JRI are for our loved ones. I have fought constantly to help safeguard these types of services"
- Massachusetts State Senator, Karen E. Spilka



Developing Abilities Connects People to Meaningful Community Life

JRI Developing Abilities is helping adults with developmental needs to live and work in ways that reflect their choices and dreams. Community-based, personalized residential and day service supports enable adults with developmental needs to maximize their potential, while participating in and contributing to their communities. Using innovative approaches, such as music therapy, dog visitors, self-advocacy groups, and trauma-informed supports, JRI Developing Abilities is enhancing lives.

Senator Karen Spilka appreciates the value of JRI Developing Abilities supports. Her sister diagnosed with Down Syndrome disorder, and recently with early-onset Alzheimer's, resides in Framingham, MA with 24 hour JRI residential supports; she also participates in the Developing Abilities Willow Tree program. The senator, who visited the Developing Abilities Natick-based Full Circle ARTS studio to shop and mingle with the artists and crafters, shared her thoughts with JRI.

"As the legal guardian to my sister, I have a deeply personal awareness of the need for tools, support and services for individuals with disabilities. We must continue to ensure that everyone has access to the resources and opportunities they need to overcome challenges, realize their abilities, and thrive in their communities."

Developing Abilities Residential Supports are comprehensive for daily living, and available at all stages of adult life to address individual needs. The Willow Tree program provides the comprehensive medical structure of day habilitation in an active community-based model. Employment supports offer job training, placement, and coaching services, while the transition program guides younger adults to employment.

As an empowering model, the Full Circle ARTS studio and retail store showcases the creativity of people with developmental needs. The enterprise provides people with earned income and a path to competitive employment. Goods are sold at Full Circle ARTS location in Natick and online at www.fullcircleartsstudio.com.



EDUCATIONAL PROGRAMS

Berkshire Meadows Early Childhood Services Educational Advocacy Program Meadowridge Academy Pelham Academy Southeast Alternative Schools Susan Wayne Center of Excellence Susan Wayne Center of Excellence Clinical Day School Swansea Wood School van der Kolk Center Victor School Walden Street School

"Trauma Drama" is Primary for Educational Services

JRI schools excel at meeting students where they are and guiding them to find their individual success. Meeting this quintessential goal requires focused treatment interventions and an array of service options, including educational advocacy, residential, day, and boarding schools. JRI offers these options through its Meadowridge residential schools and alternative day school programming, which provide comprehensive curriculum and educational supports for adolescents coping with complex trauma, mental illness, and emotional and behavioral challenges.

FY14 featured prime examples that showcased exceptional clinical interventions and emphasis on ensuring JRI programs effectively support the academic talents of youth. Trauma Drama is a clinical intervention designed to support the long term success of participating students. The JRI staffed trained in this intervention led weekly Trauma Drama sessions with students receiving services through JRI schools and group homes. The sessions focus on developing opportunities that enable youth to express themselves through action, movement and drama as they work towards developing self-identify and competencies impacted by chronic, complex trauma and life adversity.



TRANSITIONAL PROGRAMS

Bridge Group Home Case House CT Group Homes GRIP Journey Home Lanewood Group Home Lindencroft Littleton Group Home Rediscovery STEP Teen Parenting Program

Steven became homeless in 2012, when his father, suffering mental health issues, could no longer care for him.

YouthHarbors Helps Homeless Youth Find Housing and Finish School

With nowhere else to go, Steven began couch-surfing or staying in adult shelters in May, 2012. His father, who suffers from mental health issues, said he could no longer take care of him and sent him away. This posed a serious risk to his safety and emotional development. More than once, in pure desperation, Steven resorted to checking himself into the ER for a voluntary psychological evaluation, where he could have a bed to sleep in, and get treatment for depression and anxiety. Steven also has a PTSD diagnosis, stemming from childhood abuse.

YouthHarbors helps youth to find housing and stay on track to graduate high school. When Steven was referred to YouthHarbors in September of 2013, he had been secretly living with his girlfriend for a month. The girl's father had been sneaking him in every night so the mother wouldn't find out. YouthHarbors performed a mediation between Steven and his girlfriend's family, who agreed to let him live with them through the holiday season.

YouthHarbors helped Steven search for stable, long-term housing in a supportive environment. While he continued to see a therapist, his case manager encouraged him to apply for housing support through the department of Mental Health. They also completed an application for a separate program providing transitional housing for youth aging out of foster care and to get on the waiting list of a local transitional housing program with clinical component. In November of 2014, he was moved off the waiting list and accepted into transitional housing.

Steven has since found his own housing through the Housing Authority, graduated high school in 2014, was a speaker at YouthHarbors' graduation celebration and he is currently attending community college.



HEALTH PREVENTION & HOUSING PROGRAMS

Boston GLASS Eagle Street Focus Health Law Institute PACT Project Peer Support Services Program RISE Residential Services & Supports

JRI Health and Local Partner Capitalize on Effective Hepatitis C Treatment

A new partnership between JRI Health and a local community health center aims to capitalize on the potential of highly effective Hepatitis C treatments. Through the program, intravenous drug users recruited from local needle exchanges and diagnosed with Hepatitis C can receive health center treatment for the condition and their drug addiction, along with essential JRI Health resources. JRI Health assists with patient navigation and breaking down barriers to help ensure individuals remain motivated and engaged in treatment.

The need for the collaborative program, given the significant challenges of the targeted population, is illustrated through the profile of the first recipient: a man in his early 30's, living with Hepatitis C for many years and struggling with opioid addiction. Long-term mental health problems and homelessness, paired with drug abuse, made it difficult for him to treat his health issues. After starting the program and receiving medical treatment for drug abuse and Hepatitis C, he moved forward to address health issues previously neglected, including infections sustained from illicit drug injections, and knee surgery that was put off for years.

JRI staff supported him through the program, assisting him to follow up on medical treatment and appointments, manage a threat of eviction from public housing, and successfully applying for Social Security Disability benefits. The JRI Health resources helped him overcome his history of non-compliance with medical appointments and physician recommendations. He attended 32 health center appointments, without missing one; completed a 12-week course of specialized Hepatitis C treatment; and engaged in weekly mental health therapy. He continues treatment at the health center and regularly sees his doctor. Through the efforts of JRI Health and its local partners, the value of collaborative intervention and effective support to individuals who are considered difficult to engage can lead to success in treatment.



YOUTH & FOSTER CARE PROGRAMS

Adoption Program Attleboro Center Centerpoint Cohannet Academy CT Therapeutic Center MA Intensive Foster Care Merrimack Center STARR

Ashley Davenport moved in Elaine Rose's foster home at the age of nine. With the affectionate, emotional support of this family, she graduated from Bridgewater State University.

Recognizing the Important Work of Foster Care

May is National Foster Care Month, and in 2014, JRI celebrated the complete and whole-hearted devotion of its foster parents with a Foster Parent Appreciation Dinner. At the dinner, JRI's Intensive Foster Care Program was honored to have as a guest speaker Dr. Dana Mohler-Faria, President of Bridgewater State University. In addition to his passion and commitment to increasing educational opportunities for youth, he revealed his connection to JRI's foster care program as a bit more personal.

Ashley Davenport entered the foster home of Elaine Rose when she was nine. Elaine, a foster parent with JRI for over 30 years, provided Ashley with safety, nurturance and stability. Through challenging behaviors, developmental stages and overcoming the pain and sadness of the past, Ashley flourished. She attained goals, developed confidence and matured within her caring family.

A particular family member, Elaine's brother, Dr. Dana Mohler-Faria, became a special mentor to Ashley. He believed in her abilities, and motivated her to attend college. It was this love and support from "family" that led Ashley to complete four years and earn her bachelor's degree in criminal justice at Bridgewater State University.

At the Appreciation dinner, Dr. Mohler-Faria spoke about commitment with the wisdom of a leader, the love of a brother for his sister, and with the pride of an "uncle for his niece."

The essence of foster care is about connections, linking a child with a foster family by matching needs with strengths, and hoping that the match will foster connections of the heart. National Foster Care Month and JRI's annual Foster Parent Appreciation Dinner celebrate the extraordinary power that cherished connections have in changing lives of those who need it most.



What is Hope for all Seasons?

Hope for all Seasons (HFAS) fund was created to offer support and relief to families in JRI communities. HFAS provides gifts during the holidays, pays for children to attend camps and play summer sports, and equips students with school supplies in the fall. HFAS aims to serve at-risk families in the local community and provide them with hope during challenging times.

Hard Work, Big Dreams and HFAS

Jakima is a hard working girl from a caring family. She balances a nursing home job with volunteer work, honors classes and National Honor Society. When her prom neared, she was very excited to attend with friends. But as a family of low income, her mother explained that she could not afford to make the occasion special. While Jakima diligently worked at her after school job to save the funds, she did not save enough to buy the one dress she truly wanted.

Hope for all Seasons provided "just-in-time funds" to cover most of the cost of the dress, and a pair of shoes, making Jakima's "Cinderella" dream come true. She was excited beyond imagination and extremely grateful when she received the HFAS check. Jakima had a wonderful time at the prom and says she will never forget the kindness shown to her by JRI's Hope for all Seasons.

JRI Volunteers

During FY 2014, JRI's Volunteer Services engaged over 265 volunteers and interns in its programs, who donated 16,900 service hours, valued around \$350,000.



Katie Johnson (left), *Intern* of the Year, and Linda Wade, *Volunteer of Year*

"It's all about the children, the books, and the joy of reading. I don't think there is another more suitable volunteer opportunity for me than this." - Tricia, volunteer FOCUS/Family Resource Center

Financials and Demographics

Clients Served

Justice Resource Institute served 28,675 clients in 2014.

Behavioral Health and Family Services & Trauma Ce	enter	15,200
JRI Connecticut		148
Developmental Disabilities		606
JRI Health		9,379
JRI Emergency Shelter, Housing & Homelessness		1,088
Juvenile Justice Programs		784
JRI Residential and School Programs		1,279
Rediscovery		191
	TOTAL:	28,675

FY 2014 Revenue by Service Category

Total Revenue: \$137.7M



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It is an honor to serve as the chairperson for the Justice Resource Institute Board of Directors and we thank all of those who helped JRI achieve success in 2014. Through the leadership of Andy Pond and his team, JRI continues to expand programming for a wide array of disadvantaged individuals and their families. It also remains a vibrant place of employment, with staff members who remain committed to the agency over the long-term. We view 2015 as another year of opportunity for growth, collaboration and compassion."

- Arden O'Connor



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