

Early Childhood Training Institute Flyer 2016-2017

Trainings for Professionals

An Introduction to the Pyramid Model and Social / Emotional Development

The first portion of this training provides an understanding of the Pyramid Model with emphasis on the teaching pyramid. It explains the four interrelated levels of practice that can be used as a framework for addressing the social / emotional development of children, assists staff in navigating and utilizing the Pyramid Model website, and highlights some materials that may be helpful to teachers/caregivers and families. The second portion of the training reviews the meaning of social / emotional development, explores the importance of relationships in regards to social emotional development, and examines what the "mentally healthy" child looks like.

Time: 2 hours Cost: \$250 per hour for up to 30 participants *** Competencies: 1, 2, 4

Social / Emotional Teaching Strategies

This training focuses on identifying and utilizing appropriate teaching strategies to assist children with their social / emotional development. The notion of identifying teachable moments is examined and its importance is emphasized. The social / emotional teaching areas that are explored include: friendship skills, emotional literacy, emotional regulation, controlling anger and impulse, and problem-solving skills. Examples of activities are also provided to facilitate further teaching in these critical areas.

Time: 2 hours Cost: \$250 per hour for up to 30 participants *** Competencies: 1, 2, 5

Make and Take!

The first half of this training is devoted to introducing the Pyramid Model and giving an overview of what social / emotional development looks like in children. During the second portion of the training we will provide your teaching staff with supplies to make a Stop & Go Board, an Emotions Board, and a Solution Kit. (These three teaching tools have proven to be our most popular with children and teachers alike!) Our Early Childhood Specialists will demonstrate how to use these teaching tools in the classroom and quide your staff in creating them.

Time: 2 hours Cost: \$50 a person, minimum of 10 participants Competencies: 1, 2, 4, 5

Supporting Parents/Guardians with Mental Health and/or Cognitive Limitations

This training gives an overview of mental health diagnoses and cognitive disabilities that affect parents and quardians alike. Many of us are well aware of the importance of engaging families, this training provides strategies and skills to effectively connect and work with these caregivers. This is a truly interactive training, where input and personal work experience from the trainees enrich and personalize the training to best fit the staff's needs.

Cost: \$250 per hour for up to 30 participants *** Time: 2 hours Competencies: 3, 7, 8

Managing Emotions When Working with Families

The first half of the training draws on the staff's experiences around working with challenging families and encourages trainees to reflect on their own biases and personal belief system. Working with resistant families, families with cultural or religious differences, individuals suffering from substance abuse, as well as families who have anger management difficulties are discussed. This training provides staff with tools on how to engage and connect with these families utilizing a strength-based perspective while maintaining professional boundaries and a positive attitude. The second half of this training engages staff in conversation and activities around the importance of self care in order to avoid burnout.

Time: 2 hours Cost: \$250 per hour for up to 30 participants *** Competencies: 3, 7, 8

Supporting Young Children in the Face of Trauma

We often see children who are acting out, hurting others, endangering themselves, or displaying "odd" behaviors that don't seem to make sense. This training is designed to provide participants with a general knowledge of signs and symptoms that are often associated with trauma. A broad overview of the types of traumatic events that effect children are reviewed. It is the goal that trainees walk away with a better understanding of the complex nature of trauma and the way it can affect a child's social, emotional, and cognitive development as well as brain functioning.

Time: 2 hours Cost: \$250 per hour for up to 30 participants *** Competencies: 1, 2, 4, 6

De-escalating Challenging Behaviors in Young Children

This training first reviews the basics of social/emotional development and the meaning of challenging behaviors. Self-reflection activities around handling challenging behaviors, identifying personal "hot buttons," creating a plan for when behaviors escalate, as well as suggestions for post conversations with other children who were witness to the challenging episode are the core of this training. This training concludes with participants having an opportunity to discuss personal experiences with challenging behaviors and develop individualized strategies to best support positive outcomes.

Time: 2-3 hours Cost: \$250 per hour for up to 30 participants *** Competencies: 1, 2, 4, 5, 6

<u>Creating a Nurturing and Responsive Classroom Environment</u>

This training will provide teachers with strategies to create learning environments that are focused on the social, emotional, and educational needs of children. The focus will be on tools and techniques that teachers can use to build trusting relationships with children in the classroom while developing a safe and productive environment for learning.

Cost: \$250 per hour for up to 30 participants *** Time: 2 hours *Competencies: 1, 2, 4, 5*

<u>Using Positive Behavior Support to Replace EXTREME Challenging Behavior</u>

Even with all of the best classroom- wide social/emotional teaching strategies in place, teachers can still struggle with an individual child's extreme challenging behavior. Positive Behavior Support (PBS) can be used to help teachers identify challenging behavior, develop a hypothesis for the behavior and implement a plan that promotes positive behavior in the child. Through this training, participants will have an opportunity to learn about PBS and how it can best be utilized to replace extreme challenging behavior.

Cost: \$250 per hour for up to 30 participants *** Competencies: 2,3,6 Time: 2 hours

Effective Communication in Early Education and Care Environments

How well do you communicate with your co-teacher? Do you sometimes wonder if you misinterpreted what he/she said? These are just a few of the questions that will be addressed in this training. Effective communication among educators is one of the cornerstones in creating an appropriate environment for children to learn. Through this training, participants will develop an understanding of their own communication style as well as the communication styles of those in their workplace and how to effectively communicate together.

Time: 2 hours *Cost:* \$250 *per hour for up to 30 participants* Competencies: 5,7,8

Helping Children Make Successful Transitions

This training focuses on providing caregivers with preventative techniques to support children with transitions between activities, programs, and settings. Preschool aged children have a difficult time waiting and the ability to show patience is a skill that we teach to our children. The better children are at delaying their impulses and waiting for what they want, the more successful they will be!

Time: 2 hours *Cost:* \$250 *per hour for up to 30 participants* Competencies: 2,5

*** Please note: There is an additional charge for each participant over 30. ***



Special Education Series

*Understanding the Special Education Law

Understanding Special Education law introduces participants to the Individuals with Disabilities Education Act (IDEA 2004) and highlights its responsibility to young children and families. Participants are introduced to Early Intervention and Public School special education requirements for children with disabilities, inclusion and inclusive practices for early childhood settings.

Time: 2 hours Cost: \$250 per hour*** Competencies: 7, 8

*Identifying Children with Disabilities

Identifying Children with Disabilities provides participants with an overview of IDEA 2004 and informs participants of the eligibility criteria and disability definitions for determination of services. This training investigates what we as child care providers and parents see, think, and do when we suspect that a child needs to be referred for special education services and provides suggestions for supporting parents through the process.

Time: 2 hours Cost: \$250 per hour*** Competencies: 1, 2, 6

*Including Children with Intellectual Disabilities into the Child Care Setting

Including Children with Intellectual Disabilities into the child care setting provides child care professionals with information and strategies to support and include children with intellectual disabilities in their programs. Participants will discover how Developmentally Appropriate practice supports inclusive strategies during routines, transitions, and throughout the day.

Cost: \$250 per hour*** Time: 2 hours Competencies: 1, 2

*Supporting Young Children with Autism in the Child Care Setting

Supporting Young Children with Autism in the Child Care Setting focuses on including, supporting, and educating children with Autism. Strategies for supporting communication and social interactions, building friendships, maintaining a safe environment, and educating children with Autism will be introduced and discussed.

Cost: \$250 per hour*** Time: 2 hours Competencies: 1, 2, 5

*Collaborating with Parents of Young Children with Special Needs in the Child Care Setting: Supporting Families of **Children with Disabilities**

Collaborating with Parents of Young Children with Special Needs in the Child Care Setting investigates the impact of children's disabilities on families and provides child care providers with strategies for establishing relationships, collaborating, communicating, and supporting families. Participants will look at the connection between special education laws regarding family support and their responsibilities as providers and learn about resources available to support families of children with disabilities.

Time: 2 hours Cost: \$250 per hour***

Competencies: 3

*Participants who attend all five workshops in this series are eligible for CEU's. *** Please note: There is an additional charge for each participant over 30. ***

Programs for Parents and Guardians

Positive Solutions for Families

Each 2 hour session includes time for discussion and socializing. Family members who attend these workshops will learn how to develop healthy and nurturing relationships with their children. Based on research developed at the Center for Social and Emotional Foundations of Early Learning (CSEFEL), families will learn to appreciate the importance of developing strong attachments with their young children, handling disappointments, controlling anger and problem solving in a fun and supportive peer group setting.

Time: 6 week series, 2 hour sessions Cost: \$2400 a series

> For more information or to schedule a training please contact: Stacey L. Gay, MS ~ Program Director Early Childhood Training & Consultation **Justice Resource Institute** (508) 828-1308 ext.2630 or (774) 501-7715 sqay@jri.org

