

BAY COVE ACADEMY NEWSLETTER

February 2019

RANDOM ACTS OF KINDNESS

We have kicked off Random Acts of Kindness at Bay Cove Academy. Students and staff will nominate each other for acts of kindness they see around the school. These nominations will be written on slips of paper and added to the board seen below. Our theme this year is "lighting up the world with kindness." Our Student Council members chose a candle as our symbol this year. If we reach our goal, the students will vote on what type of celebration we will have. Our school does this every year, and students are committed to the mission of this initiative. We also challenge you to carry out random acts of kindness throughout your day!

Check back next month to see our board filled up!



CAREER DEVELOPMENT

We are excited to announce a new business is partnering with our Career Development department. Whole Foods in Brighton is joining the other businesses in our community who work with us to provide job skills and career building opportunities for our students. We really take pride in these partnerships. It means a lot to have so many great community resources for our student workers.



PARDON OUR DUST

Our construction crews have been hard at work. We now have new carpets throughout the school. Classrooms and offices have fresh paint. Our front door is brand new, and the entrance area is in the midst of a face lift. So far everything looks great! There is more to come, and we are all looking forward to seeing the finished product.



STUDENT REMINDERS

- The UNO tournament is ongoing through February
- Term 3 began on 1.21.19
- Random Acts of Kindness ends on 2.14.19
- Rescheduled Frog Pond Field Trip coming up on 2/7/19

KEY DATES

- 2.18.19 - 1.22.19
- February Vacation (No school)
- Cradles to Crayons Volunteering
- March 22, 2019
- Frog Pond Field Trip Reschedule
- February 7, 2014

AWESOME ART

We have some incredibly talented artists at Bay Cove Academy. Here are some of their creations.



CAREER FAIR

Our annual Career Fair was a huge success! It's always nice for our students to learn about new career possibilities, as well as to hear first hand about the dedication they require. We would like to say thank you to our guest speakers from the Brookline Fire Department, Boston Children's Hospital, Courtyard Marriott, Brookline Police Department, and a nutritionist/personal trainer.



PARENT'S CORNER

-The next Parental Advisory Group (PAG) will be held in March.

-As a reminder, we follow the Brookline Public Schools snow day policy.

-Please keep an eye out for permission slips.

SELF CARE TIP OF THE MONTH

Sometimes it can be hard to stay hydrated during busy days. Try making your own infused water for a yummy and healthy treat! Leave your infusion in the fridge overnight for some extra bold flavors.

Recipes to try:

1. Lavender and Lemon
2. Blackberry and Mint
3. Pear and Vanilla
4. Ginger and Peach
5. Cardamom and Rose
6. Strawberry and Cucumber

Welcome to our Lunch Cafe at...

BAY COVE ACADEMY

February
2019

MEATLESS
MONDAY

Monday

HARVEST of the MONTH

Whitson's proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



Wednesday

Thursday

Friday



1 Cheese Pizza
crispy pizza dough topped with
tomato sauce and melted cheese
With
Caesar Salad
fresh romaine lettuce topped with
parmesan cheese and Caesar
dressing on the side
And
Fresh Orange

4 Homemade Mac & Cheese
pasta in cheese sauce, garnished
with parsley
With
Whole Wheat Dinner Roll
Green Peas
And
Diced Pear Cup

5 Whole Grain French
Toast Slices
whole grain slices of French toast
baked to perfection
With
Racon
Strawberries
Carrot Sticks
And
Fresh Empire Apple

7 Barbecue Rib Sandwich
with BBQ rib patty on a bun
prepared in-house
With
Sweet Potato Fries
And
Applesauce

8 Cheese Pizza
crispy pizza dough topped with
tomato sauce and melted cheese
With
Steamed Broccoli
And
Fresh Apple

National Pizza Day!

11 Cheese Ravioli with
Tomato Sauce
baked ravioli in tomato sauce
With
Whole Wheat Dinner Roll
Steamed Peas
And
Fresh Orange

Every Monday the Featured
Entrée will be Meatless.

12 Nachos Grande
tortilla chips topped with freshly
prepared mexi style meat and
cheese sauce
With
Sweet Corn
Diced Tomatoes
And
Strawberry Cup

SNACK

14 Philly Cheese Steak
With
Garden Salad
Chili Roasted Garbanzo
Beans
And
Fresh Green Grapes

HAPPY VALENTINES
DAY

15 Cheese Pizza
crispy pizza dough topped with
tomato sauce and melted cheese
With
Broccoli Bites
And
Fresh Banana

WINTER BREAK

25 Grilled Cheese Sandwich
golden toasted bread with melted
goaty cheese pressed and
prepared in-house
With
Tomato Soup
Crispy Potato Puffs
And
Fresh Pear

26 Fluffy Whole Grain
Waffles
With
Bacon
Celery Sticks
Blueberries
And
Fresh Banana

SNACK

28 Mozzarella Sticks
crispy mozzarella sticks filled
with goaty cheese, perfect for
dipping into your favorite sauce
And Tomato Sauce Dip
With
Spicy Four Bean Salad
And
Pineapple Cup



All of our entrées are made with lean meats, low-fat cheeses, and whole grain products. This is because we are Simply Rooted™ in food and family and we care about what we serve to our young customers. Our ingredients are locally sourced, all natural, organic and non-GMO, whenever possible.



VEGETARIAN

MADE WITH NATURAL INGREDIENTS

PORK

MADE WITH ORGANIC INGREDIENTS

*Cooking raw or under cooked meat, poultry, seafood, eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Menu is subject to change, not printed when available. This institution is an equal opportunity provider.