



Workshop Descriptions

LGBTQ+ 101 for Providers

This workshop covers basic knowledge for providers and educators working with LGBTQ+ youth. By the end of this workshop, participants will be able to better define terms related to Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning communities, learn ways to create safe(r) spaces for them with or without parental support, and be familiar with resources for LGBTQ+ children and youth and themselves. This workshop can be catered to an organization's specific needs.

LGBTQ+ 102 for Providers

A follow-up to the 101, providers and educators will learn how to accurately explain key terms and concepts, successfully making the distinction between gender, gender identity, gender expression, sex assigned at birth, sexual orientation, and romantic orientation. By the end of this workshop participants will be able to acknowledge and validate the complexities of these components of identity, and implement recommended guidelines in practice settings.

LGBTQ+ 101 for Youth/Students

This workshop covers basic LGBTQ+ terms and concepts, harmful stereotypes, and the effects of bullying and hurtful language. It will also inform students about available resources and support them in creating a more inclusive learning environment. Participants will explore how to demonstrate compassion and empathy for their LGBTQ+ peers. This workshop can be catered to middle school or high school students.

LGBTQ+ 102 for Youth/Students

A follow-up to the 101, students will review key terms and concepts, learn more specifically about what challenges LGBTQ+ students disproportionately face, and explore the dynamics of power, privilege, oppression, and intersecting identities. Participants will identify ways to support LGBTQ+ peers.

Sexual Health 101

Students will learn about the risks of having sex, demonstrate the knowledge and ability to use barriers (ie: external/internal condoms and dental dams), be able to differentiate between viral and bacterial STIs, and identify additional ways to reduce their risk of unwanted pregnancy and/or contracting HIV/STIs. They will also be able to think critically about the importance of consent and communication within relationships and apply that knowledge to their interactions.

Fees for workshops are determined on a case-by-case basis but range from \$100-400 depending on the session time, number of facilitators and distance from GLASS. Sliding scale and scholarships are also available for community-based organizations, schools, and youth groups.

Programs and Services

Drop-In Center

We operate a Drop-In Center for LGBTQ+ youth of color between the ages of 13–25 years. Programming includes support groups, educational workshops, social events, monthly Kiki functions, access to computers, food, toiletries, games, and more! Drop-in Center hours in Framingham are Tuesday and Thursday 4pm–7pm. Drop-in hours in Boston are Monday, Tuesday, Thursday 1pm–8pm, Wednesday 1pm–7pm and Friday 1pm–5pm.

Behavioral Health Services

We provide mental health support services for LGBTQ+ youth of color between the ages of 13–29 years, Monday through Friday. Youth can drop by to meet with therapists who provide culturally competent care in an affirming environment (no insurance or appointment necessary). We also offer Community-Based Services, or intensive in-home therapy and therapeutic mentoring services in the homes and communities of LGBTQ+ youth (21 years old and under) and their families who meet eligibility requirements (MassHealth, medical necessity, etc.). Additionally, we offer specialized support for LGBTQ+ youth experiencing sexual exploitation.

Prevention Services

We offer free and confidential prevention and testing services for HIV, Hepatitis C, and Sexually Transmitted Infections (STIs), with no appointment necessary during drop-in hours (MTTh 1–6pm, W 1–7pm, F 1–5pm). The program extends its testing and counseling services to our community partners through our mobile testing team that can travel to events and organizations in the Boston area for testing events at no cost to the individual or host organization.

Mentorship Program

This program supports LGBTQ+ youth of color to reach their full potential through fostering long-term, goal-oriented, one-on-one mentoring relationships with adults in their communities.

Youth Leadership Development

Boston GLASS provides opportunities for youth to learn and practice leadership skills through community outreach and peer advocacy. Youth may volunteer or apply for paid positions.

Community Education

The workshops described here are offered by Boston GLASS staff members and youth leaders. We also host monthly series and participate in awareness days throughout the year. You will see us attend community events, panels and various networking events throughout Boston. If you would like us to table at your event or participate on a panel, feel free to contact us!