



Leader in  
Social Justice

For more information  
[ssayles@jri.org](mailto:ssayles@jri.org)  
(508) 674-5600 x2283

# Stop, Slow, Go

## Strategies to Address Self-Regulation

**Starting Soon.  
Accepting Referrals.**

Youth Trauma Program at  
The Fernandes Center for Children and Families  
222 Miliken Boulevard  
Fall River, MA 02721

This FREE group will be facilitated by an Occupational Therapist and a clinician specially trained in trauma-focused treatment. The group will also incorporate trauma sensitive yoga techniques by a certified clinician.



This group is for boys and girls ages 8-12  
with a history of trauma and their parents/caregivers.  
The group will provide tools and tips for managing strong feelings  
in healthy ways through fun and calming sensory-based activities.

**For more information, please contact Stephanie Sayles, MSW, LICSW**

 [ssayles@jri.org](mailto:ssayles@jri.org)  (508) 674-5600 x 2283

***This program is free of charge.***

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JRI is strongly committed to providing an inclusive, diverse  
and welcoming environment for our employees and the people we serve.

**Saint Anne's Hospital**  
A STEWARD FAMILY HOSPITAL

