**Resources for support/material help during the COVID crisis:**

**Parents Helping Parents**: Parental Support Line, available 24/7, 1-800-632-8188; online support groups weekly, information at parentshelpingparents.org

**Mt. Calvary Community Supper** When: Meals will be available beginning Wednesday 3/18 for take-out service. This service will be available on Wednesdays from 5:00-6:00pm. Where: Pickup will be at Mt.Calvary Lutheran Church 472 Massachusetts Ave. in the church hall. Things to remember: Most importantly, please do not come if you feel ill. One meal per person.

**The Acton Food Pantry** (978-635-9295) located at 235 Summer Road in Boxborough will be open on Wednesdays from 10am-7pm and Thursdays from 9:30-11:30am to provide food resources to residents.

**Open Table Maynard** As of Tuesday, March 17th Open Table located at 33 Main St.in Maynard, (978) 369-2275, will be implementing a “drive-thru” pantry service. The pantry will be open during regular operating hours each week: Tuesday 1:00-6:30 pm, Thursday 3:00-6:00 pm

Check your **school department**’s website for information about free breakfast and lunch for children.

**Child Care:** If you are an essential worker and need child care, the list of emergency child care centers can be found here: <https://eeclead.force.com/resource/1584913293000/EEC_EmergencyProviderList>

**Health Information:** You can call the state’s call center at **211** to find health information about COVID 19. It is free and multilingual. You can also call your health care provider.

**Unemployment Assistance:** Emergency regulations have been filed that allow people impacted by COVID 19 to collect unemployment benefits if their workplace is shut down and expects to reopen. <https://www.mass.gov/resource/information-on-unemployment-and-coronavirus-covid-19>

**Internet Access:** Comcast is offering free wifi to some customers during this time: <https://corporate.comcast.com/covid-19>

We will continue to update this document as we learn of more resources.