



## Virtual Boston GLASS Services as of April 1, 2020

### BEHAVIORAL HEALTH SERVICES

Telemental health services are currently available in English, Spanish, Haitian Creole, and Japanese:

- Individual Therapy for LGBTQ+ youth of color ages 13-25 in the Greater Boston area. Free. No insurance needed.
- In-Home Family Therapy (IHT) and Therapeutic Mentoring (TM) services for youth ages 21 and under and their families of any racial identities in the Greater Boston area, who want our LGBTQ+ specialty services. The majority of MassHealth plans and some Blue Cross Blue Shield plans are accepted.

Contact: Akane Kominami, LICSW at [akominami@jri.org](mailto:akominami@jri.org) or 617-483-5711

### PREVENTION SERVICES

- Health Navigation and Support for LGBTQ+ Youth of Color ages 13-29, including health insurance assistance, medication adherence, HDAP, PrEPDAP, information about HIV/STI testing, linkage to STI treatment and substance use resources, and accessing primary care.

Contact: Francisco Rivera at [frivera@jri.org](mailto:frivera@jri.org) or 978-604-6937

- General Support and Referrals for LGBTQ+ Youth of Color ages 13-29, including HIV prevention information, Drop-in Center updates, GLASS membership, social support, housing resources, community resources, and GLASS programs and services.

Contact: Anthony Del Real at [adelreal@jri.org](mailto:adelreal@jri.org) or 978-604-6937

### ONLINE SUPPORT GROUPS

**Semillas, Mondays, 4pm-5pm EST, @Facebook.** Semillas, or Seeds in English, is a weekly Latinx dialogue group for LGBTQ+ youth of color, ages 13-25 to build community. This is a space to connect, share stories, and experiences of what it means to be living at the intersection of queer/trans and Latinx.

Contact: Sol Martinez Guevara [they|he|she] at [smartinezguevara@jri.org](mailto:smartinezguevara@jri.org) or 617-548-0214 (text and call)

**Rolling with Advantage: Dungeons and Dragons, Mondays, 4:30pm-6pm EST, @ROLL20.** Join our table and tell a story together through roleplaying and gameplay through Dungeons and Dragons, a group for LGBTQ+ Youth of Color ages 13-25. The groups meets on Roll20, a virtual tabletop app. All experience levels are welcome, from beginners to veteran players! [HTTPS://APP.ROLL20.NET/JOIN/6147641/IKDQVW](https://app.roll20.net/join/6147641/IKDQVW)

Contact: Makana Bailey, Dungeon Master, at [mbailey@jri.org](mailto:m Bailey@jri.org)

**Virtual Vogue Hour, Mondays and Tuesdays, 6pm-8pm EST, @Facebook.** We will be posting ALL your favorite #VH moments – your best moments and favorite battles. This group was created for you to enjoy a safe space and track your progress. There will be #VogueChallenges and everyone can participate!

Contact: Kurtis Washington at [kwashington@jri.org](mailto:kwashington@jri.org) or Kamar Porter at [kporter@jri.org](mailto:kporter@jri.org)



**Art Club, Thursdays, 5pm-6pm EST, @Facebook.** LGBTQ+ youth of color ages 13-25 are encouraged to share art and projects that they are working on. The group facilitator, a Senior Peer Leader, chooses topics for people to post about and discuss. A live streaming version is coming soon as well!

Contact: Julian Nilsson (they/he/she) at [jnilsson@jri.org](mailto:jnilsson@jri.org)

**POZ Talks, Last Wednesdays of the Month, 4:30pm-6pm EST, @ZOOM.** Poz Talks is a monthly hang out and discussion group that centers on HIV positive, LGBTQ+ youth of color, ages 18-29. It is a safe space and forum for us to be seen and heard, create connections, and discuss issues that are important to the community.

Contact: Julian Nilsson (they/he/she) at [jnilsson@jri.org](mailto:jnilsson@jri.org)

**What's the T?, First and Third Fridays of the Month, 4pm-5pm EST, @Facebook.** This is a discussion board style group for transgender, non-binary, and gender diverse youth of color ages 13-18, facilitated by a Senior Peer Leader.

Contact: Julian Nilsson (they/he/she) at [jnilsson@jri.org](mailto:jnilsson@jri.org)

**TV Time with Boston GLASS, Thursdays, Time TBA.** This is a group to provide youth, ages 17-25, with an opportunity to explore and reflect on topics related to being an LGBTQ+ youth of color through watching TV episodes and sharing thoughts and feelings around a specific topic.

Contact: Viola Dean at [vdean@jri.org](mailto:vdean@jri.org)

### **COMING SOON....**

**LYFE, Fridays 5pm-6pm EST, @TBD.** #LYFE is a live podcast broadcasted by two Peer Leaders, allowing audience to participate through text or the live feed.

Contact: Kamar Porter at [kporter@jri.org](mailto:kporter@jri.org)

**PRISMS, Date and Platform TBD.** This is a space for transgender, non-binary, and gender diverse youth of color ages 13-18 to get through adversity and reveal their brilliance, facilitated by a Peer Leader.

Contact: Kamar Porter at [kporter@jri.org](mailto:kporter@jri.org)

### **ONLINE OUTREACH AND ENGAGEMENT**

Facebook: <https://www.facebook.com/BostonGLASS75/>

Instagram: boston\_glass

Twitter: Boston\_GLASS

Boston GLASS E-newsletter subscription: <https://bit.ly/2R5TtoG>