

# **BAY COVE ACADEMY ROUND-UP**

SUMMER 2020

### **SUMMER BREAK**

We have certainly had an eventful year at Bay Cove Academy. From navigating digital learning to weathering a global pandemic, our school community stayed strong and supported each other through the year. As the school year comes to a close, and summer break begins, we wish you and your family an enjoyable and restful break. You definitely deserve it! We look forward to seeing you all in the fall for another year of growth and learning. Thank you for being a part of what makes the Bay Cove Academy community so great.

See you in the fall!



## IMPORTANT Dates

9.3.2020 & 9.4.2020

Virtual Student Orientation

9.7.2020

Labor Day - No School

9.8.2020

First Day of School

10.9.2020

Midterms Close

**Every Wednesday** 

Early Release @ 12:30

## **COMMUNICATION OVER THE SUMMER**

The situation around COVID is constantly changing. As a result, our plans may have to be amended or changed. If there are any changes over the summer break, communication will take place via our One Call system. Additionally, communication will be pushed out via email and postal mail.

### Summer Word Search

S J C A M P M C
W G L A M C H M
I J M M P Y Y Z
M V K B E A C H
S U M M E R M S
M H O T E B H U
K O I G U F U N
W A T E R O Q E

BEACH SUMMER
CAMP SUN
FUN SWIM
HOT WATER



# SAFE SUMMER ACTIVITIES

- Biking
- Hiking
- Stargazing
- Make S'mores
- Backyard camp out
- Water balloon fight
- Make your own ice cream
- Re-read your favorite book
- Learn a new language
- Start a garden
- Backyard picnic
- watch a sunset or sunrise
- Go for a scenic drive
- Fishing
- Research your family tree
- Try a new recipe
- Make a fortune jar
- Play flashlight tag

- Make your own seasonal infused water
- Play in the sprinklers
- Find a drive in theater
- Watch an old movie
- Build a blanket fort
- Try a recipe from a different country
- Make your own granola/trail mix for hiking
- Make a self portrait
- Practice sewing
- Bird watching
- Tie dye a pillow case
- Paint rocks and hide them for people to find
- Use chalk to write positive messages on the pavement
- Clean out your closet and make a donation pile
- Try meditation
- Make a jar full of inspirational quotes for when you need a mood booster,



\*Remember to bring a mask with you for activities outside of your house, just in case you come in contact with other people. Always respect social distancing recommendations! Stay safe and healthy!

# SELF CARE

Learn a New Language

Duolingo is a free app that will help you learn a new langauge. Some languages available are Spanish, Portuguese, Italian, Navajo, and Norwegian. They even have made up languages like High Valerian and Klingon.

## **RESOURCES**

#### National Alliance on Mental Health

Another great resource for modified ways of pursuing treatment during the pandemic, coping with loss, where to find additional resources, and where to find the best information to stay informed.

#### **Project Bread**

This organization provides information on how to receive food assistance for families who need additional support. They are working with the Department of Elementary of Elementary and Secondary Education to provide meals during the COVID-19 crisis.

### The Emotional PPE Project

This service is offering free mental health services to healthcare workers providing care to patients during the COVID-19 pandemic.