

Virtual Boston GLASS Services as of September 23, 2020

BEHAVIORAL HEALTH SERVICES

Telemental health services are currently available in English, Spanish, and Japanese:

- **Individual Therapy** for LGBTQ+ youth of color ages 13-25 in the Greater Boston area. Free. No insurance needed.
- In-Home Family Therapy (IHT) and Therapeutic Mentoring (TM) services for youth ages 21 and under and their families of any racial identities in the Greater Boston area, who want our LGBTQ+ specialty services. The majority of MassHealth plans, some Blue Cross Blue Shield plans, and some Beacon plans are accepted.

Contact: Akane Kominami, LICSW at akominami@jri.org or text/call 617-483-5711

PREVENTION SERVICES

- In Person Testing, PrEP, and Treatment services for LGBTQ+ youth of color ages 18-29. In person testing appointments available every Wednesday from 10am-3pm! By appointment only, NO walk ins will be seen.
- **Health Navigation and Support** for LGBTQ+ youth of color ages 13-29, including health insurance assistance, medication adherence, HDAP, PrEPDAP, information about HIV/STI testing, linkage to STI treatment and substance use resources, and accessing primary care.

Contact: Francisco Rivera at frivera@jri.org or text/call 978-604-6937

 General Support and Referrals for LGBTQ+ Youth of Color ages 13-29, including HIV prevention information, Drop-in Center updates, GLASS membership, social support, housing resources, community resources, and GLASS programs and services.

Contact: Anthony Del Real at adelreal@jri.org or text/call 978-604-6937

ONLINE GROUPS

• Virtual Drop In, Mondays and Wednesdays 4pm-6pm EST, @Zoom. A safe space to connect with other LGBTQ+ youth of color.

Zoom link: https://bit.ly/3cX6Hfy

Contact: Kurtis Washington (he/him/his) at kwashington@jri.org or Sol Martinez-Guevara (they/he/she) at smartinezguevara@jri.org

 Virtual Vogue Hour, Mondays and Tuesdays, 6pm-8pm EST, @Facebook. We will be posting ALL your favorite #VH moments – your best moments and favorite battles. This group was created for you to enjoy a safe space and track your progress. There will be #VogueChallenges and everyone can participate!

Facebook: https://bit.ly/voguehour



Contact: Kurtis Washington (he/him/his) at kwashington@jri.org

• Semillas, Tuesdays, 4pm-5pm EST, @Zoom. Semillas, or Seeds in English, is a weekly Latinx dialogue group for LGBTQ+ youth of color, ages 13-25 to build community. This is a space to connect, share stories, and experiences of what it means to be living at the intersection of queer/trans and Latinx. Zoom link: https://bit.ly/bostonsemillas

Contact: Sol Martinez Guevara (they/he/she) at smartinezguevara@jri.org or text/call 617-548-0214

• Creative Writing, Wednesdays, 4pm-5pm EST, @Zoom. A weekly writing group for LGBTQ+ youth of color, ages 13-25. Poetry, journaling, short stories, etc. with weekly prompts. No prior experience necessary.

Zoom link: https://bit.ly/3cX6Hfy

Contact: Sol Martinez Guevara (they/he/she) at smartinezguevara@jri.org or text/call 617-548-0214

• Community Advisory Board, Thursdays, 3:30pm-5pm EST, @Zoom. A meeting for all members and peers to catch up and get program updates.

Zoom link: https://bit.ly/32vNMXj

Contact: Sol Martinez Guevara (they/he/she) at smartinezguevara@jri.org or text/call 617-548-0214

• Living Your Fears Every Day (LYFE), Fridays 5pm-6pm EST, @Bigo. #LYFE is a live podcast broadcasted by two Peer Leaders, allowing audience to participate through text or the live feed.

Contact: Kamar Porter at kporter@jri.org

• What's the T?, First and Third Fridays of the month, 4pm-5pm EST, @Facebook. A discussion board style group for transgender, non-binary, and gender diverse youth of color ages 13-18. Platform is subject to change.

Facebook: https://bit.ly/bglasspf

Contact: Julian Nilsson (they/he/she) at inilsson@jri.org

 PRISMS, Second and Fourth Fridays, 4pm-5pm EST, @Facebook. A discussion board style group for transgender, non-binary, and gender diverse adults of color, ages 18-25. We'll uplift, connect, and laugh with each other to get through adversity.

Facebook: https://bit.ly/prismsfb

Contact: Kamar Porter at kporter@jri.org

Lavender Kiki sessions, Last Friday of the Month, 4-5pm EST, @Zoom. Lavender is a monthly kiki and
discussion group for LGBTQ+ youth of color, ages 18-29. We will be discussing Ballroom, sexual
health/HIV, and topics generally important to the QTPOC community. This group is meant to offer a safe
space as well as facilitate conversations about HIV and sexual health within our community, but in a
casual setting where we can share and enjoy our love of ballroom culture and connect around our
shared experiences.

Zoom link: http://bit.ly/2EAhm4W

Contact: Julian Nilsson (they/he/she) at inilsson@jri.org



ONLINE OUTREACH AND ENGAGEMENT

Follow us on social media: <u>Facebook</u>, <u>Instagram</u>, <u>Twitter</u>

Subscribe to our newsletter: https://bit.ly/2R5TtoG