

## Food Pantries and Community Suppers – 2023 Update

### Acton & Boxborough

**Food Pantry, 235 Summer Rd., Bldg. 1, Lower Level, Boxborough, 978-635-9295,**  
<http://www.actonfoodpantry.org> , PO Box 2098, Acton, [info@actoncommunitysupper.org](mailto:info@actoncommunitysupper.org)  
**Open to: Acton, Boxboro, Concord, Carlisle, Littleton, Maynard, Stow and Westford residents.**

Services: The Acton Food Pantry has been providing food to residents-in-need in Acton, MA and surrounding towns since 1984. Clients receive 4-days' worth of food which they choose from our shelves. This allotment includes canned goods, staples, meat, eggs, dairy products, fresh fruit and vegetables, bread and dessert. The Pantry also provides baby food, formula, and **diapers when available** to those with babies in their household, as well as other basic household products.

Qualifiers: Registration is required on the first visit, and on a yearly basis, with two forms of ID required at that time (online application on website); one ID must have a photo and address, the other ID must corroborate that address, and re-registration happens on a yearly basis.

Hours: The Acton Food Pantry is open on Wednesday from 10:00 AM to 7:00 PM and Thursday morning from 9:30-11:30 AM. The Pantry is closed the 4th Wednesday/month. Closed if Acton-Boxborough Public Schools are closed or delayed. Pickup is on a drive-through basis with groceries being loaded into your trunk.

**Mt. Calvary Community Supper, 472 Mass. Ave., Acton** [www.facebook.com/communitysupperofActonMA](http://www.facebook.com/communitysupperofActonMA)  
**978-263-5156, [www.mtcalvaryacton.org](http://www.mtcalvaryacton.org)**

**Open to: Residents of all towns.**

Services: Dinner served by rotating community groups and churches. If Acton-Boxborough schools are closed on Wednesday, the dinner will be canceled (you can verify this by calling 978-264-4700).

Hours: Serving every Wednesday, 4:45-5:45 pm. You can enter starting at 4:15.

### Bedford

**Bedford Food Bank, 12 Mudge Way Front Entrance, <https://www.bedfordma.gov/BedfordFoodBank>**

**Open to: Bedford residents**

Services: Residents may pull up to the front door and a bag of groceries will be put into your trunk or back seat. For individuals who are homebound or disabled, delivery is available by emailing [bedfordfoodbank@bedfordma.gov](mailto:bedfordfoodbank@bedfordma.gov), or call 781-275-7727. Groceries, produce, meat, vegetarian protein, dairy, diapers, feminine care products, pet food and household products available.

Hours: Drive thru open every Thursday, 4-5:30 p.m.

### Concord & Carlisle

**Food for Families through Gaining Ground Farm, [www.gainingground.org](http://www.gainingground.org), 978-610-6086, P.O. Box 374, Concord, MA 01742, [office@gainingground.org](mailto:office@gainingground.org)**

**Summer-only program open to Concord residents**

Qualifiers and Contact: Eligible families can receive free weekly bags of organic vegetables from July to October. Contact Bonny Wilbur at the Concord Community Services office: 978-318-3034 or [bwilbur@concordma.gov](mailto:bwilbur@concordma.gov)

### Harvard & Littleton

**Loaves and Fishes, 978-772-4627, [www.loavesfishespantry.org](http://www.loavesfishespantry.org), [office@loavesfishespantry.org](mailto:office@loavesfishespantry.org),  
234 Barnum Road, Devens**

**Open to: Harvard, Littleton, Ayer, Devens, Dunstable, Groton and Shirley residents.**

Services: Food pantry, as well as special programs as noted below. Shoppers may visit 2 times per month. If you bring 4 reusable bags with you, you can receive an extra item from the "special" table. New clients meet with a client advocate for intake and additional visit on their first visit. **Diapers when available.**

Qualifiers: You must bring a Proof of Residency (POR) each time you visit the Pantry. Once a year you must provide a POR for each member of your household. A POR is an official piece of mail such as a utility bill, rental payment receipt, etc. which lists your name, street address and a recent date. For minors, a POR is either a school or medical paper. Families wishing to participate in the School Backpack, Christmas Shop for your Children ([LFshop4yourkids@gmail.com](mailto:LFshop4yourkids@gmail.com)) or Campership programs must have been registered and used the pantry 4 times in the prior year.

Hours: Wednesdays and Fridays 10-1:00, 3<sup>rd</sup> Saturdays of the month, 9-12:00 a.m., and the 1st Tuesday of the month from 4-7:00 p.m. Doors open 15 minutes prior to the start time. Grocery bags will be loaded into your car as you drive thru after check-in. Dates are listed on website. If you need to send someone else to pick up your groceries, call 978-772-4627 x312.

**Neighborhood Supper at Congregational Church, 330 King Street, Littleton, 978-486-3245,  
[www.ccol.org](http://www.ccol.org). Open to residents of all towns.**

Dinner is served on Tuesdays from 5:30-6:45 p.m.

### Lincoln

**Food Pantry, St. Vincent de Paul, 781-899-2611, x4, [svdplincolnweston@gmail.com](mailto:svdplincolnweston@gmail.com)**

**Located at St. Joseph's Church, 142 Lincoln Road, <http://stjulia.org/svdp/>**

**Open to: Lincoln and Weston residents**

Services: The food pantry is open for 2 days every 2 weeks for bags of nonperishable food, toiletries, paper goods and cleaning supplies. Call or email for your appointment.

### Maynard

**Open Table Food Pantry & Suppers, 978-369-2275, [www.opentable.org](http://www.opentable.org), [info@opentable.org](mailto:info@opentable.org),**

**Pantry location: 33 Main Street, Maynard. For transportation assistance: [transport@opentable.org](mailto:transport@opentable.org)**

**Open to residents of Acton, Bedford, Boxboro, Carlisle, Concord, Littleton, Lincoln, Maynard,  
Sudbury, Westford and more on website.**

Services: Pantry items include bags of non-perishable groceries, fresh fruits and vegetables, dairy products and other staples including **diapers when available**.

Qualifiers: You do not need to bring anything with you when you come to Open Table. However, if you'd like to receive groceries for family members who are not able to come with you, you will need to fill out a Household Verification Form and bring supporting documentation. Please park in the municipal lot opposite the Fine Arts Theater on Summer Street.

Hours: Drive-thru pantry is open Tuesdays 3:00-6:30 and Thursdays 1:00-4:30 p.m. Open table is closed on Memorial Day, Labor Day, and Christmas day. Open Table is closed if Maynard Public Schools are closed for a snow day. Order the groceries you need online or by phone between Thursday 5 pm and Monday Noon. Translation available: Portuguese, Spanish, Chinese, Russian.

**Maynard Food Pantry, 82 Main St., Maynard (former Union Congregational Church, 978-764-5279, [www.maynardfoodpantry.com](http://www.maynardfoodpantry.com).**

**Open to Acton, Maynard, Stow, and Sudbury residents.**

Services: Families from Maynard may visit 2 times per month; Clients from other towns can shop 1 time per month. The Maynard Food Pantry also provides Thanksgiving and Holiday dinner baskets for our shoppers. The program can also supply families with school-age children nutritious lunches and snacks via their back pack program through school.

Hours: The food pantry is open on Mondays from 10:00-Noon. On some Monday holidays, the pantry will open on Tuesdays (schedule on website). If Maynard schools are closed due to snow on Monday, the pantry will close, and an attempt will be made to open the following day if possible. Visitors should park on River Street.

### Stow

**Food Pantry, 509 Great Road (Pompo Community Center), [www.stowfoodpantry.com](http://www.stowfoodpantry.com) , 978-897-4230, [stowfoodp@gmail.com](mailto:stowfoodp@gmail.com).**

**Open to Acton, Bolton, Boxboro, Lancaster, Maynard and Stow residents.**

Services: Food to feed a family for one week. Each month there are "specials" available such as personal hygiene items, sugar, cooking oil, or laundry detergent (schedule on website). Baby food, items and **diapers available**.

Qualifiers: No referrals or financials required.

Hours: Open by appointment for groceries, ([stowfoodp@gmail.com](mailto:stowfoodp@gmail.com) or 978-897-4230. Masks required and children not allowed during shopping.

### Sudbury

**Food Pantry, 160 Concord Road, Ascension Parish, lower level, <http://sudburyfoodpantry.org>, [info@sudburyfoodpantry.org](mailto:info@sudburyfoodpantry.org), 978-443-7725 or 978-314-5247.**

**Open to all towns.**

Services: Visitors may shop weekly. We offer not just staples but also bread, eggs, dairy, frozen meat, paper products, soap products, baby foods and **diapers**. In the summer we often have fresh organic vegetables. Each time you use the pantry the products may change a little but generally clients leave with 4 or 5 large shopping bags of food. This is an open shelf pantry and we try to accommodate special needs such as vegetarians and gluten sensitive clients.

Hours: Food is available on Wednesdays and Fridays from 12-2:15. The pantry is closed if Sudbury Public Schools are closed.

Qualifiers: Clients must fill out a registration form during their first visit, and will then be issued a Sudbury Community Food Pantry ID card.

### **Sudbury CARE Pantry, St. Elizabeth's Episcopal Church, 1 More Rd., Sudbury**

[pantry@st\\_elizabeths.org](mailto:pantry@st_elizabeths.org)

<https://cdn.sudbury.ma.us/wp-content/uploads/sites/381/2021/07/CARE-Pantry-Flyer-2-003.pdf?version=a1c02abbf98ae42f0d2ce94367ff8fe7>

Service: The CARE Pantry exists to help neighbors in need to get the personal care, laundry and household cleaning supplies that SNAP or WIC benefits don't cover. A volunteer will reply to your email with a checklist which will allow you to choose the items you need. Orders can be delivered to the recipient's front door or picked up at St. Elizabeth's Church, 1 Morse Rd, Sudbury

### **Westford**

**Community Food Pantry, 20 Pleasant Street, 1<sup>st</sup> Floor, P.O. Box 2223, (Cameron Senior Center), 978-399-2325, Contact: Alison Christopher, LICSW, [achristopher@westfordma.gov](mailto:achristopher@westfordma.gov)**

[www.westfordfoodpantry.org](http://www.westfordfoodpantry.org)

**Open to residents of Westford, Chelmsford, Lowell, Billerica, Dracut, Groton, Littleton, Tyngsboro**

Services: Emergency, short- and long-term assistance is provided through quality fresh and dry foods along with personal care and household items. **Diapers** available when in stock (you can call first to verify). Westford families may visit the pantry weekly. Non-Westford families may visit twice per month. Proof of residency is required on initial registration.

There is a thrift shop on site also. Additional financial assistance is available through St. Vincent DePaul thru St. Catherine's Church in Westford: [st.catherine.westford.svdp@gmail.com](mailto:st.catherine.westford.svdp@gmail.com) or 978-320-4214.

Hours: Walk-in service is available on Wednesdays from 6-8:00 p.m. and Friday, 9-11:00 a.m.

**Acton, Bedford, Boxborough, Carlisle, Concord, Harvard, Lincoln, Littleton, Maynard, Sudbury, and Westford Residents**

**Lasagna Love :** <https://www.lasagnalove.org/>

Services: Home-cooked meal provided and delivered to your house available to anyone in need, whether you or someone in your family is ill, quarantined, have a new baby, etc. Enter your request on the above website form. As of February 2023, wait time is listed as 13 days.

**First Connections' Diaper Pantry, 179 Great Rd., Unit 104A, Acton, [lmattthews@jri.org](mailto:lmattthews@jri.org), 978-429-8284, ext. 202, [www.firstconnections.org](http://www.firstconnections.org)**

Services: Community service program providing diapers and wipes to families in financial need through donations made by local families and organizations, and thru a grant from Emerson Health. We also provide free resources, support groups, playgroups and parent education workshops through our Coordinated Family & Community Engagement grant program. You will be asked to fill out a registration sheet in order to be added to our quarterly emailed newsletter list.

Hours: Email your requested diaper size to Linda at the above email, and we will confirm we have that size in stock for you to pick at our office in Acton. If you cannot pick up during our open hours, request for the diapers to be left outside our door with your first name on them for after-hours pickup.

**Updated 2/2023**