

Early Childhood Training Institute Flyer 2024 -2025

Below you will find a variety of training topics for Professionals and Parents/Guardians. If there is a training subject that is not on our list that you are interested in; please feel free to contact us so that we can create a training to meet your training needs. **Please note:** Some trainings; can be modified (shortened and added to) in length. Please contact us to find out more information. There may also be a travel fee for locations outside of our region.

Trainings for Professionals

Social Emotional Teaching Strategies

This training focuses on identifying and utilizing appropriate teaching strategies to assist children with their social emotional development. The notion of identifying teachable moments is examined and its importance is emphasized. The social emotional teaching areas that are explored include: friendship skills, emotional literacy, emotional regulation, controlling anger and impulse, and problem-solving skills. Examples of activities are also provided to facilitate further teaching in these critical areas.

Time: 2 hours

Cost: \$250 per hour for up to 30 participants / \$5.00 per additional person

Competencies: 1, 2, 4, 5

An Introduction to the Pyramid Model and Social Emotional Development

The first portion of this training provides an understanding of the Pyramid Model with emphasis on the teaching pyramid. It explains the four interrelated levels of practice that can be used as a framework for addressing the social emotional development of children, assists staff in navigating and utilizing the Pyramid Model website, and highlights some materials that may be helpful to teachers/caregivers and families. The second portion of the training reviews the meaning of social emotional development, explores the importance of relationships in regards to social emotional development, and examines what the “mentally healthy” child looks like.

Time: 2 hours

Cost: \$250 per hour for up to 30 participants / \$5.00 per additional person

Competencies: 1, 2, 3, 4, 5

*** In addition, we also have a series with specific Pyramid Strategies / Social Emotional Learning Trainings in which the educators will take a deeper dive into and leave with more tools for their toolkit. These trainings will include further discussions on how to help to implement the tools in the classroom. The topics include: Tucker the Turtle and Solutions Cards, Visual Schedules and Classroom Rules and First-Then Visuals and Emotions Check -Ins. Rates vary depending upon which Make and Take option is selected.***

Foundational Classroom Management Tools

This training focuses on identifying and implementing the essential practices for effective classroom management in early childhood settings. These practices explore 4 foundational categories of classroom management which include high quality environments, visual supports, relationships, and emotional language and literacy. The goal of this training is to provide early childhood educators and administrators with a comprehensive view of the classroom essentials evidenced to be effective for optimizing the learning environment and decreasing challenging behavior. Utilizing a hands-on approach, this training provides trainees with an in-vivo experience to learn and apply each tool to optimize mastery of the material.

Time: 2 hours

Cost: \$250 per hour for up to 30 participants / \$5.00 per additional person

Competencies: 1, 2, 3, 4, 5, 6, 7

De-Escalating Challenging Behaviors in Young Children

This training first reviews the basics of social/emotional development and the meaning of challenging behaviors. Self-reflection activities around handling challenging behaviors, identifying personal “hot buttons,” creating a plan for when behaviors escalate, as well as suggestions for post conversations with other children who were witness to the challenging episode are the core of this training. This training concludes with participants having an opportunity to discuss personal experiences with challenging behaviors and develop individualized strategies to best support positive outcomes.

Time: 2 hours

Cost: \$250 per hour for up to 30 participants / \$5.00 per additional person

Competencies: 1, 2, 4, 5, 6

Supporting Young Children in the Face of Trauma

We often see children who are acting out, hurting others, endangering themselves, or displaying “odd” behaviors that don’t seem to make sense. This training is designed to provide participants with a general knowledge of signs and symptoms that are often associated with trauma. A broad overview of the types of traumatic events that affect children are reviewed. It is the goal that trainees walk away with a better understanding of the complex nature of trauma and the way it can affect a child’s social, emotional, and cognitive development as well as brain functioning.

Time: 2 hours

Cost: \$250 per hour for up to 30 participants / \$5.00 per additional person

Competencies: 1, 2, 4, 5, 6

Self – Care Tips, Tricks & Strategies

Indulge your staff with a training focusing on the importance of self-care and its role in maintaining a balanced life. This training explores the concept of self-care, why it is beneficial, and how to incorporate self-care practices into daily living. Participants will have the opportunity to complete a self-care assessment and engage in some self-care practices during the training. With daily stress on the rise it is more important than ever to learn how to connect with practices that nourish the mind, body and spirit.

Time: 2 hours

Cost: \$250 per hour for up to 30 participants / \$5.00 per additional person

Competencies: 3, 4, 8

Helping Children Make Successful Transitions

This training focuses on providing educators with preventative strategies to support children with transitions between activities, programs and settings throughout the day. Educators will be given tips and resources to help during these transitions.

Time: 2 hours

Cost: \$250 per hour for up to 30 participants / \$5.00 per additional person

Competencies: 1, 2, 3, 4, 5, 6

Understanding Vicarious Trauma and Self Care

This training includes a review of brain development and the impact of early childhood trauma. Participants will learn what vicarious trauma is and the effects on the physical, cognitive, emotional and social domains in our lives as well as strategies to cope with stress. Participants will engage in a self-care activity to begin to identify self-care strategies.

Time: 2 hours

Cost: \$250 per hour for up to 30 participants / \$5.00 per additional person

Competencies: 1, 2, 4, 7

Managing Emotions When Working with Families

The first half of the training draws on the staff's experiences around working with challenging families and encourages trainees to reflect on their own biases and personal belief system. Working with resistant families, families with cultural or religious differences, individuals suffering from substance abuse, as well as families who have anger management difficulties are discussed. This training provides staff with tools on how to engage and connect with these families utilizing a strength-based perspective while maintaining professional boundaries and a positive attitude. The second half of this training engages staff in conversation and activities around the importance of self-care in order to avoid burnout.

Time: 2 hours

Cost: \$250 per hour for up to 30 participants / \$5.00 per additional person

Competencies: 3, 4, 7, 8

Ages, Stages & Phases

This training presents educators / caregivers with information on the stages of typical development for children aged birth through six years old. This training also helps caregivers learn about the differences between; what is a typical developmental stage and what could be a temporary phase of challenging behavior. Educators/ Caregivers are also given suggestions for resources, evaluations and referrals when a child is displaying on-going, concerning, challenging behavior in their care. Strategies to help all children strengthen social and emotional development is shared.

Time: 2 hours

Cost: \$250 per hour for up to 30 participants / \$5.00 per additional person

Competencies: 1, 2, 4, 5, 6, 7

Training Series & Workshops for Parents, Grandparents & Guardians

- **Positive Solutions for Families**
- **Active Parenting – The First Five Years**
- **Positive Parenting for Young Adults**
- **Circle of Security**
- **Resource Parent Curriculum (from the National Traumatic Stress Network)**
- **Anxiety Series**
- **The Backpack Series (based on TACSEI & Pyramid Model Resources)**
- **Potty Training Demystified Workshop**
- **Helping Children Make Successful Transitions to Kindergarten Workshop**

Time and Cost: Please contact us for the rate and number of sessions as they vary based upon the curriculum.

For more information or to schedule a training please contact:
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