Families Sharing Resources while you are waiting for services

Centralized Referral Systems

- Autism Alliance of Metrowest  [www.autismalliance.org](http://www.autismalliance.org) can search resources statewide
- Community Support line  [www.mass.gov/community](http://www.mass.gov/community) support-line  (800) 882-1435 supports children with special health needs
- COMPASS  [namimass.org/nami-mass-compass-helpline](http://namimass.org/nami-mass-compass-helpline) assistance navigating mental health supports
- Hand Hold Mass  [handholdma.org](http://handholdma.org) guiding parents through their child's mental health journey
- Index  [disabilityinfo.org](http://disabilityinfo.org) assists people with disabilities access an array of medical, and emotional supports
- Interface referral helpline  [interface.williamjames.edu](http://interface.williamjames.edu) limited communities website has them all listed
- Link Center  [fcsn.org/linkcenter](http://fcsn.org/linkcenter) supports and services for transitional age youth 14-26
- Link Kid Centralized Trauma Training Center  [www.umassmed.edu/cttc/cttc-services/link-kid](http://www.umassmed.edu/cttc/cttc-services/link-kid)
- Mass Child Psychiatric Access Program  [www.mcpap.com](http://www.mcpap.com) assistance with locating a psychiatrist
- Mass 211  [mass211.org](http://mass211.org) statewide data base for all service categories
- MBHA search engine for services  [www.mabhaccess.com](http://www.mabhaccess.com) CBHI, Substance Abuse etc
- Psychology today  [www.psychologytoday.com/us/therapists](http://www.psychologytoday.com/us/therapists) website to locate a therapist by zip code

Parent/Family Supports

- AANE Asperger/Autism Network  [www.aane.org](http://www.aane.org) supports and referral help
- Access centers  [www.mass.gov/service-details/dmh-access-centers](http://www.mass.gov/service-details/dmh-access-centers) young adult drop in centers
- Adoption Journey  [child-familyservices.org/adoption-journeys-program-components](http://child-familyservices.org/adoption-journeys-program-components) post adoption support
- Better Health Connector  [www.mahealthconnector.org](http://www.mahealthconnector.org) helps families apply to Mass Health
- Family Resource Centers  [www.frcma.org](http://www.frcma.org) 27 statewide drop in centers with a variety of supports
- Family Ties  [www.massfamilyties.org/parent-to-parent-match](http://www.massfamilyties.org/parent-to-parent-match) parent to parent support
- Insurance Resource Center for Autism and Behavioral Health  [massairc.org](http://massairc.org) insurance information
- Parenting Journey  [parentingjourney.org/parents](http://parentingjourney.org/parents) free parenting classes limited locations
- Healthy Families  [healthyfamiliesma.org](http://healthyfamiliesma.org) supports for young first time parents
- National Association of Mental Illness  [namimass.org](http://namimass.org) access to support for parents of children with mental health concerns

Join the JRI Family Forum Facebook Group and like our page! JRI is strongly committed to providing an inclusive, diverse & welcoming environment for our employees and the people we serve.
Parent/Family Supports (continued)

Parent Information Training Center fcsn.org/pti  trainings, workshops, resources, sped law
Peer Recovery Centers www.mass.gov/info-details/peer-recovery-support-centers
PIN Parent Information Network  www.bamsi.org/program/parent-information-network-pin
Southeast only  -  peer support, access to support groups, ed advocacy
SSI and Public benefits training and technical assistance  (617) 624-6060

Support Groups

Family Resource Centers www.frcma.org  27 state wide drop in center variety of supports including groups
Parents Helping Parents www.parentshelpingparents.org/schedule
PPAL (Parent Professional Advocacy League) ppal.net/support-groups
help with advocacy and support groups
National Association of Mental Illness namimass.org/nami-family-support-groups

Facebook Groups

JRI Family Advisory Council www.facebook.com/groups/453457301778284
Massachusetts Families with Children with Mental Health Issues
www.facebook.com/groups/1563651660622617
Massachusetts Transition to Adulthood www.facebook.com/groups/266094440846756
Parent/Professional Advocacy League www.facebook.com/PPAL.net
PPAL Parents of Transition Age Youth Private Group www.facebook.com/groups/260425921978672

Advocacy/Legal Groups

Abled Advocacy www.abledadvocacy.com  help with Special Education law
Bradford Education Project bradfordeducationproject.com  focus on educational rights of children
Children Law Center of Massachusetts www.clcm.org  immigration, education, victim of crime etc
Community Legal Aid communitylegal.org  variety of assistance housing, elderly, education, etc
Ed Law Project www.publiccounsel.net/edlaw  focuses on special education law and rights
Federation for Children with Special Needs fcsn.org
Heath Law Advocates www.healthlawadvocates.org assist with accessing equitable health care including education
Mass Advocates for Children www.massadvocates.org
focus on education and quality of life for children with disabilities
PPAL ppal.net
South Coastal Counties Legal Service sccls.org  a variety of issues facing low income families in the South East

Parents Helping Parents 24 hour stress line
www.parentshelpingparents.org/stressline