# Families Sharing Resources

while you are waiting for services

# Centralized Referral Systems

Autism Alliance of Metrowest <a href="www.autismalliance.org">www.autismalliance.org</a> can search resources statewide Community Support line <a href="www.mass.gov/community">www.mass.gov/community</a> support-line (800) 882-1435 supports children with special health needs

COMPASS namimass.org/nami-mass-compass-helpline assistance navigating mental health supports

Hand Hold Mass handholdma.org guiding parents through their child's mental health journey

Index disabilityinfo.org assists people with disabilities access an array of medical, and emotional supports

Interface referral helpline interface.williamjames.edu limited communities website has them all listed

Link Center fcsn.org/linkcenter supports and services for transitional age youth 14-26

Link Kid Centralized Trauma Training Center www.umassmed.edu/cttc/cttc-services/link-kid

Mass Child Psychiatric Access Program www.mcpap.com assistance with locating a psychiatrist

Mass 211 mass211.org statewide data base for all service categories

MBHA search engine for services www.mabhaccess.com CBHI, Substance Abuse etc

Psychology today www.psychologytoday.com/us/therapists website to locate a therapist by zip code

# Parent/Family Supports

AANE Asperger/Autism Network <a href="www.aane.org">www.aane.org</a> supports and referral help

Access centers <a href="www.mass.gov/service-details/dmh-access-centers">www.mass.gov/service-details/dmh-access-centers</a> young adult drop in centers

Adoption Journey <a href="mailto:child-familyservices.org/adoption-journeys-program-components">child-familyservices.org/adoption-journeys-program-components</a>
post adoption support

Better Health Connector <a href="www.mahealthconnector.org">www.mahealthconnector.org</a> helps families apply to Mass Health

Family Resource Centers <a href="www.frcma.org">www.frcma.org</a> 27 statewide drop in centers with a variety of supports

Family Ties <a href="www.massfamilyties.org/parent-to-parent-match">www.massfamilyties.org/parent-to-parent-match</a> parent to parent support

Federation for Children with Special Needs <a href="fcsn/org/rtsc/brochures-and-flyers">fcsn/org/rtsc/brochures-and-flyers</a> variety of programs

Insurance Resource Center for Autism and Behavioral Health <a href="massairc.org">massairc.org</a> insurance information

Parenting Journey <a href="parentingjourney.org/parents">parentingjourney.org/parents</a> free parenting classes limited locations

Healthy Families <a href="healthyfamiliesma.org">healthyfamiliesma.org</a> supports for young first time parents

National Association of Mental Illness <a href="massairc.org">namimass.org</a> access to support for parents of children with mental health concerns



# Parent/Family Supports (continued)

Parent Information Training Center fcsn.org/pti trainings, workshops, resources, sped law

Peer Recovery Centers <u>www.mass.gov/info-details/peer-recovery-support-centers</u>

PIN Parent Information Network <u>www.bamsi.org/program/parent-information-network-pin</u>

Southeast only - peer support, access to support groups, ed advocacy

SSI and Public benefits training and technical assistance (617) 624-6060

# **Support Groups**

Family Resource Centers <u>www.frcma.org</u> 27 state wide drop in center variety of supports including groups

Parents Helping Parents www.parentshelpingparents.org/schedule

PPAL (Parent Professional Advocacy League) ppal.net/support-groups

help with advocacy and support groups

National Association of Mental Illness namimass.org/nami-family-support-groups

# Facebook Groups

JRI Family Advisory Council <a href="https://www.facebook.com/groups/453457301778284">www.facebook.com/groups/453457301778284</a>

Massachusetts Families with Children with Mental Health Issues

www.facebook.com/groups/1563651660622617

Massachusetts Transition to Adulthood www.facebook.com/groups/266094440846756

Parent/Professional Advocacy League www.facebook.com/PPAL.net

PPAL Parents of Transition Age Youth Private Group www.facebook.com/groups/260425921978672

# Advocacy/Legal Groups

Abled Advocacy www.abledadvocacy.com help with Special Education law

Bradford Education Project bradfordeducationproject.com focus on educational rights of children

Children Law Center of Massachusetts www.clcm.org immigration, education, victim of crime etc

Community Legal Aid communitylegal.org variety of assistance housing, elderly, education, etc.

Ed Law Project www.publiccounsel.net/edlaw focuses on special education law and rights

Federation for Children with Special Needs fcsn.org

Heath Law Advocates www.healthlawadvocates.org

assist with accessing equitable health care including education

Mass Advocates for Children www.massadvocates.org

focus on education and quality of life for children with disabilities

PPAL ppal.net

South Coastal Counties Legal Service sccls.org a variety of issues facing low income families in the South East

