# ELIZABETH K. HOPPER, PH.D.

**Curriculum Vitae** 

Massachusetts Licensed Psychologist #8093 ehopper@jri.org

#### **CURRENT POSITIONS**

Director of Training and Education, JRI Institute for Dissemination, Evaluation,	
and Advancement of Trauma-Informed Care (IDEA)	2023-
Clinical Director, Massachusetts Justice and Equity for Child Trauma	2023-
Co-Director, National Center for Child Trafficking	2021-

#### **EDUCATION**

Postdoctoral Fellowship	<b>The Trauma Center</b>
2003	Two year fellowship for a specialization in traumatic stress
<b>Doctor of Philosophy,</b>	Saint Louis University, St. Louis, MO (APA Accredited Program)
2001	<u>Dissertation</u> : Psychological resiliency and coping in battered
<i>Clinical Psychology</i>	women (Defended 11/00). Honore Hughes, Ph.D., Chair.
Master of Science,	Saint Louis University, St. Louis, MO (APA Accredited Program)
1999	<u>Master's Thesis</u> : Hardiness and coping with stress. Honore Hughes, Ph.D.,
Psychology	Chair.
Bachelor of Arts, 1995 Psychology	New College of the University of South Florida, Sarasota, FL The Honors College of the Florida University System <u>Honors Thesis</u> : Psychological vulnerability and psychosocial variables associated with recovery from the trauma of rape. Charlene Callahan, Ph.D., Chair.

#### SUPERVISORY AND ADMINISTRATIVE EXPERIENCE

#### Co-Director, National Center for Child Trafficking (NCCT)

2021-

Co-director of a SAMHSA-funded resource center whose goal is to establish collaborative, consistent, and integrated trauma-informed responses for youth and families who have been impacted by commercial sexual exploitation and trafficking. Responsible for development of the Consensus Mental Health Treatment Guidelines for Youth Impacted by Trafficking, development of the NCCT Webinar Series, collaboration with NCCT advisory board and consultants, and oversight of center activities.

# Director of Training and Education, JRI Institute for Dissemination, Evaluation, and Advancement of Trauma-Informed Care (IDEA) 2023-

Responsible for development, review, and dissemination of materials related to trauma-informed care across the agency. Provide training, education, supervision, and consultation related to traumatic stress and trauma-informed care. Participate as part of the JRI Training team and with JRI committees related to trauma and trauma-informed care.

#### Clinical Director, Massachusetts Justice and Equity for Child Trauma

Oversee the provision of evidence-based trauma interventions for marginalized children and families exposed to complex trauma across the Commonwealth of Massachusetts. Provide clinical supervision to a team of psychologists and social workers offering clinical services.

# Program Director, Metropolitan Boston Complex Trauma Treatment Initiative 2018-2023

Directed a regional SAMHSA-funded program, the Metro Boston Complex Trauma Treatment Initiative (MB-CTTI), that delivered evidence-based trauma interventions to high-risk and under-served complex trauma-exposed children and youth ages 0-21 living in the Metropolitan Boston region. Oversaw a team of trauma clinicians in the provision of EBPs and supported the infrastructure and capacities of program partners in order to increase sustainability of trauma EBPs over time.

# Co-Chair, Mental Health Council, HEAL Trafficking 2017-2024

Co-developer and chair of a council focusing on the intersection between physical and mental health in trafficking survivors, within an international organization with a membership of cross-discipline healthcare providers. Responsible for planning training events and resource development.

Program Director, New England Coalition Against Trafficking	2017-2021
	2008-2010

Program Director of a regional anti-trafficking coalition encompassing six states in New England. Oversee all program activities, including training, public awareness, outreach to high-risk populations, and victim identification and referral. Provide supervision to graduate student interns.

# Senior Manager The Trauma Center at Justice Resource Institute, Brookline, Massachusetts

Provided leadership and oversight to the Trauma Center. Responsible for budgetary oversight and grants management; hiring, supervision, and support of personnel; development of vision and future planning; and ensuring programmatic activities within clinical, research, and training arms of the center.

# Director of Clinical Supervisory Services2018-2020The Trauma Center at Justice Resource Institute, Brookline, Massachusetts2018-2020

Responsible for oversight of the clinical supervision team at the Trauma Center, which provided supervision for all clinical cases within the center.

Program Director, Project REACH	2006-2020
Associate Director, Project REACH	2003-2006

Program Director of a program that offered direct services to victims of human trafficking in the United States, trainings on human trafficking, and consultation to other providers on the traumatic impact of human trafficking. Responsible for all program activities and management of staff and consultants. Developed a postdoctoral fellowship track within this program. Provided mentorship to graduate students in internship positions. Offered supervision to student and community volunteers.

#### **Associate Director of Training**

#### The Trauma Center at Justice Resource Institute, Brookline, Massachusetts

Responsible for running the Certificate Program in Traumatic Stress Studies at the Trauma Center, a nine-month certificate program with weekly meetings. Ran the Regional Training Series at the Trauma

#### 2007-2016

Center, a program that held multi-day trainings on trauma-related issues throughout the New England area. Worked with the Director of Training to facilitate the Trauma Center's Training Institute.

#### Senior Supervisor Clinical Supervisor The Trauma Center at Justice Resource Institute, Brookline, Massachusetts

Supervisor and group facilitator of clinical consultation groups within the Certificate Program, providing consultation to psychologists, psychological interns, social workers, licensed mental health counselors, and other mental health workers from the New England region. Offered individual supervision to clinicians, postdoctoral fellows, and psychological trainees within the Trauma Center.

# Co-Chair, The TRuST Collaborative

Co-developer and co-chair of the leadership team for a national organization comprised of mental health professionals engaged in anti-trafficking work. Responsible for communications, planning events, and offering trainings within the Collaborative.

# **CLINICAL EXPERIENCE**

Psychologist	2018-
Private Practice	2004-2013

Provide psychological assessment and individual therapy to a range of clients, ages teen to older adult. Presenting issues include: mood disorders, anxiety disorders, trauma, adjustment concerns, eating disorders, substance use concerns, developmental disorders, personality disorders, and interpersonal/relational issues.

# Staff Psychologist The Trauma Center at Justice Resource Institute, Brookline, Massachusetts

Provided individual, family, and group therapy with traumatized children, adolescents and adults. Conduct screens/intakes, trauma/sexual abuse evaluations, and projective and psychological testing. *Supervisors:* Fran Grossman, Ph.D; Joseph Spinazzola, Ph.D.; Margaret Blaustein, Ph.D.; Kristine Kinniburgh, LICSW; Sara Stewart, Psy.D; Patti Levin, Psy.D.; Kevin Becker, Psy.D

# Traumatic Stress Expert Consultant St. Mary's Women's and Children's Center, Caritas Christi Health Care System

Responsible for provision of biweekly training and consultation on assessment and treatment of traumatic stress as it pertains to women and children who are impacted by trauma, substance abuse, and homelessness. *Supervisor:* Joseph Spinazzola, Ph.D.

#### Trauma Consultant Youth on Fire Program, Cambridge Cares About AIDS

Developed and conducted an organizational assessment of the Youth on Fire program, a program serving homeless and at-risk youth in the Boston metropolitan area.

Supervisor: Joseph Spinazzola, Ph.D.

#### Crisis Responder Lead Response Team, Community Services Program, The Trauma Center

### 2006-2020 2001-2006

# 2017-2020

2001-2020

2006-2007

2002-2007

Member of the Lead Response Team, a trauma-trained team that responds to crises in the community. Provide assistance at trainings for community members. Responsible for leading orientation groups and coping skills groups. Provide supportive services after community-based critical incidents. *Supervisor*: Steven Grosse, L.M.H.C.

First Responder Psychologist September 11 Response Team, The Trauma Center New York, NY

Member of a team of psychologists and mental health clinicians who responded to the mental health needs of survivors of the September 11 attacks in New York City.

Supervisor: Kevin Becker, Psy.D.

# Psychology Intern Medical College of Virginia

<u>Inpatient Psychiatry Rotation</u>: Provided short-term individual therapy to inpatients from Affective Disorders, Dual Diagnosis, Medical Psychiatry, and Geriatric Teams; led biweekly group process therapy with inpatients; conducted psychological evaluations; part of a multidisciplinary team serving Medical Psychiatry patients.

Supervisor: James B. Wade, Ph.D

<u>Consultation/Liaison Rotation</u>: Conducted psychosocial evaluations of liver transplant candidates; provided short-term individual therapy to medically ill patients (HIV+ patients, chronic pain patients, transplant candidates, eating disordered patients); conducted neuropsychological evaluations.

Supervisors: Mary Ellen Olbrisch, Ph.D., ABPP, Deborah Haller, Ph.D.; Robert Hart, Ph.D.

<u>Outpatient Psychiatry Rotation</u>: Conducted court-ordered forensic evaluations, including competency and mental state evaluations; provided short-term individual therapy to patients referred from the Anxiety Disorder Clinic; provided psychological evaluations through the outpatient clinic.

Supervisors: J. Randy Thomas, Ph.D.

# Psychological Trainee Saint Louis University Psychological Services Center

Responsible for providing comprehensive outpatient psychological services to individuals in the St. Louis metropolitan area, including children, adolescents, adults, couples, and families. Presenting problems ranged from depression and anxiety disorders to personality disorders. Services included: cognitive and educational evaluation, personality assessment, and individual, couples, and family therapy. Provided supervision to less advanced graduate students.

*Supervisors*: Michael J. Ross, PhD., ABPP; Alyson Aviv, Ph.D.; Paul Handal, Ph.D.; Honore Hughes, Ph.D.; and Joan Oliver, Ph.D.

#### Practicum Clinician Saint Louis University Psychological Services Center

Provided consultation services for State of Missouri Department of Elementary and Secondary Education, Section of Disability Determinations. Conducted cognitive testing, educational evaluations, neuropsychological testing, mental status examinations, and psychological evaluations to identify disabling conditions. Worked with a diverse client population, including low-income clients, minorities,

2001-2002

2000-2001

1996-2000

and clients with physical limitations and/or medical complications. Evaluations also addressed the issue of malingering and secondary gain.

Supervisor: Phyllis Terry Friedman, PhD.

# Children's Case Manager Manatee Glens Community Mental Health Center

Assessed clients' needs and linked clients and their families with programs and services in the community. Worked with the Manatee and Sarasota County School Systems to monitor clients' status and to develop student goal plans. Facilitated a behavioral management group for the parents of children with Attention Deficit Hyperactivity Disorder.

Supervisor: Libby McGinn, M.S.

# Psychiatric Technician Coastal Recovery Centers, Crisis Stabilization Unit

Monitored suicidal and homicidal children and adolescents in a Crisis Stabilization Unit; responsible for implementing a structured behavioral modification program. Facilitated a Goal-Setting group, a Life Skills group, and a Community group. Offered individual crisis counseling to children and adolescents. *Supervisor*: Chuck Daly, L.M.H.C.

# CONSULTATION AND OTHER PROFESSIONAL EXPERIENCE

# **Expert T/TA Consultant**

Provide training and technical assistance for a variety of non-governmental organizations, including The National Safe Place, the Youth Collaboratory, Dignity Health, St. Thomas University, ALSO Chicago, HEAL Trafficking, and others.

# Expert T/TA Consultant,

#### Lutheran Social Services (LSS)

Provide individual technical assistance to case managers, clinicians, and other staff providing services and support to asylum-seekers, refugees, victims of human trafficking, unaccompanied children, and others caught up in forced migration contexts on to provide information, offer guidance, and build skills on trauma, indicators of trauma, Secondary Traumatic Stress, and strategies for building resilience. Provide group sessions with program staff (i.e. case managers serving Afghan Allies, clinicians and program coordinators serving asylum-seekers and victims of human trafficking, social workers serving unaccompanied children) to provide consultation and support around Secondary Traumatic Stress and to build skills on serving survivors of trauma.

# Expert T/TA Consultant,

**Office for Victims of Crime Training and Technical Assistance Center (OVCTTAC)** 2018-Provide national training and technical assistance for a federal victim services agency.

#### Expert T/TA Consultant,

National Human Trafficking Training and Technical Assistance Center (NHTTAC) 2017-

Provide expert consultation on development of training materials for national T/TA program. Provide national training and technical assistance.

# **TEACHING EXPERIENCE**

1995-1996

1994-1995

2022-

2022

# Faculty, Human Trafficking Investigator Course DHS Center for Countering Human Trafficking 2024 Training faculty for a human trafficking course for special agents, victim assistance specialists, forensic interview specialists, intelligence specialists, and other federal law enforcement officials. Faculty, John J. Brunetti Human Trafficking Academy St. Thomas University College of Law Training faculty for an intensive training/ certification on human trafficking for legal and non-legal professionals. Faculty, Sex Trafficking Advanced Victim Assistance Training National Organization for Victim Assistance (NOVA) Training faculty for NOVA's Sex Trafficking Advanced Victim Assistance Training course

# Trainer, NORC at the University of Chicago

Provide training and consultation on the development of trauma-informed research protocols for vulnerable populations research, focusing on human trafficking.

#### Faculty, The Certificate Program in Traumatic Stress Studies 2007-2020 The Trauma Center at JRI

Faculty member within the Trauma Center's Certificate Program in Traumatic Stress Studies, teaching on Complex Trauma, Vicarious Trauma, Components-Based Psychotherapy, Relational Approaches, Traumatic Experience Integration, and Future Directions in the Trauma Field.

# Senior Training Faculty, The Training Institute The Trauma Center at JRI

Provide contracted trainings on Complex Trauma, Vicarious Trauma, Trauma-Informed Care, Trauma Sensitive Yoga, Components Based Psychotherapy, ARC (Attachment, Regulation, and Competency) Framework

# **Invited Presenter Project REACH, The Trauma Center**

Provide trainings on human trafficking and trauma to mental health clinicians, social service providers, law enforcement, and others. Over 300 trainings on human trafficking and the biological and psychological response to trauma have been provided at various locations throughout the United States.

#### Instructor, Trauma and Body-Oriented Intervention 2011 **Massachusetts School of Professional Psychology**

Taught a course on Trauma and Body-Oriented Intervention to graduate students in a professional psychology program.

#### **Guest Lecturer, Trauma Psychology Lesley University**

Taught a seminar on complex trauma to undergraduate students in a trauma psychology course.

2020-2022

2019-2022

2020-2021

2005-2020

2003-2020

2006

# Guest Lecturer, Psychological Assessment; Culture and Mental Health 2003-2004 **Division of Psychiatry, Boston University School of Medicine** Taught seminars for psychiatry residents on objective and projective psychological assessment and on cultural factors relating to mental health. 2000 **Guest Lecturer, Objective Personality Assessment Medical College of Virginia** Presented a seminar on objective personality testing to psychiatry residents at the Medical College of Virginia Instructor, Psychological Testing 1999 **Maryville University** Taught an undergraduate course in Psychological Testing, Summer 1999, covering cognitive testing, objective and projective personality testing, and neuropsychological testing. Discussed ethical issues associated with assessment, including testing diverse populations. Supervisor: Dennis Shay, Ph.D. 1999 **Instructor, Abnormal Psychology Saint Louis College of Pharmacy** Taught an undergraduate course in Abnormal Psychology, Spring 1999. Responsible for all course activities, including lecturing, designing exams and other assignments, grading, and providing student feedback. Supervisor: Peter Hurd, Ph.D. **Instructor, Principles of Psychology** 1998 Saint Louis College of Pharmacy Taught an undergraduate course in Principles of Psychology, Fall 1998. Responsible for all course activities. Supervisor: Peter Hurd, Ph.D. 1998 **Instructor, General Psychology** Saint Louis University, Department of Psychology Taught an undergraduate course in General Psychology, Summer 1998. Responsible for all course activities. Supervisor: Frank H. Gilner, Ph.D. 1998 **Teaching Assistant, Abnormal Psychology** Saint Louis University Department of Psychology Assisted with teaching responsibilities in an Abnormal Psychology course. Responsible for conducting

Assisted with teaching responsibilities in an Abnormal Psychology course. Responsible for conducting review sessions for this course.

Supervisor: Frank H. Gilner, Ph.D.

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Guest Lecturer, Personality Theory Merrimac Community College, Department of Psychology	1997
Guest lectured on Personality theory in an Introductory Psychology course. Supervisor: James Korn, Ph.D.	
Guest Lecturer, Research Methods and Advanced General Psychology Saint Louis University, Department of Psychology	1997
Guest-taught a Research Methods class, focusing on applications of psychology. Gue Advanced General Psychology class, focusing on memory. <i>Supervisor:</i> James Korn, Ph.D.	est-taught an
RESEARCH EXPERIENCE	
Grant Writer Justice Resource Institute	2002-
Responsible for lead grant-writing for federal grants, as well as foundation grants, relations	ated to traumatic stress.
Research Associate, Division of Psychiatry, Boston University School of Medicine The Trauma Center, Brookline, Massachusetts	2001-2008
Participated in study design, project coordination, data collection, analysis, and preser research projects. Coordinated a research project evaluating a school-based violence in the Boston Public Schools (Youth Unscripted). Served as project coordinator for a RO1 grant assessing PTSD treatment outcome in a diverse trauma population compar pharmacological versus exposure-based interventions. <i>Supervisors:</i> Joseph Spinazzola, Ph.D., Bessel van der Kolk, M.D.	prevention program n NIMH-funded
Clinical Research Psychologist, ARC Program The Trauma Center at Justice Resource Institute, Brookline, Massachusetts	2006-2007
Worked as part of a research team evaluating the efficacy of a trauma-based framewo with traumatized children and their families, the ARC Model (Attachment, Regulation <i>Supervisors:</i> Margaret Blaustein, Ph.D., Kristine Kinniburgh, LICSW	
Graduate Research Assistant, Department of Psychology Clinical Psychology Program, Saint Louis University, St. Louis, MO	1996- 2000
Projects: The impact of trauma on battered women and the children of battered women conducted independent research projects. Responsible for subject recruitment, data c conducting literature reviews, supervision of research assistants, database managemen analysis. Assisted in the organization, presentation, and interpretation of data for pub <i>Supervisors:</i> Honore M. Hughes, Ph.D. Terri L. Weaver, Ph.D.	ollection, nt, and data
<b>GRANTS (Approximately \$8.5 Million in Federal Grant Awards)</b>	
<b>2023-26 Dept. of Justice, Office of Juvenile Justice and Delinquency Prevention</b> Strategies to Support Children Exposed to Violence	(OJJDP)

Strategies to Support Children Exposed to Violence

\$1,000,000 for 36 months (10/1/23- 9/30/26) Role: Clinical Director (MAJECT)

- 2021-26 HHS, Substance Abuse and Mental Health Services Administration (SAMHSA)
  FY 2021 National Child Traumatic Stress Initiative Category II
  Treatment and Service Adaptation (TSA) Centers
  \$1,000,000 for 60 months (10/1/2021- 9:30-2026) (Subcontract from Georgia State University)
  Role: Co-Director (NCCT)
- 2018-23 HHS, Substance Abuse and Mental Health Services Administration (SAMHSA) FY 2021 National Child Traumatic Stress Initiative – Category III Community Treatment and Service (CTS) Centers
   \$2,000,000 for 60 months (10/1/2018-9/29/2023) Role: Director (MB-CTTI)
- 2017-20 Department of Health and Human Services Look Beneath the Surface Regional Anti-Trafficking Program \$633,405 for 36 months Role: Director (NECAT)
- 2016-20 Office of Justice Programs, Dept. of Justice, Office for Victims of Crime Specialized Services for Victims of Trafficking \$600,000 for 36 months Role: Director (REACH)
- 2014-16 Office of Justice Programs, Dept. of Justice, Office for Victims of Crime Services for Victims of Trafficking \$399,996 for 24 months Role: Director (REACH)
- 2012-14 Office of Justice Programs, Dept. of Justice, Office for Victims of Crime Services for Victims of Human Trafficking \$299,996 for 24 months Role: Director (REACH)
- 2011-12 Office of Justice Programs, Dept. of Justice, Office for Victims of Crime Services for Victims of Trafficking \$149,999 for 12 months Role: Director (REACH)
- 2010-11 Office of Justice Programs, Dept. of Justice, Office for Victims of Crime Supplemental Services for Victims of Human Trafficking \$200,000 for 12 months Role: Director (REACH)
- 2008-10 Office of Justice Programs, Dept. of Justice, Office for Victims of Crime Supplemental Services for Victims of Human Trafficking \$200,000 for 18 months Role: Director (REACH)

#### 2008-10 Office of Refugee Resettlement, Department of Health and Human Services

2005-

Rescue & Restore Victims of Human Trafficking Regional Program \$202,000 for 24 months Role: Director (NECAT)

- 2006-08 Department of Health and Human Services, Office of Refugee Resettlement "Anytime Anywhere" program
   \$10,000 for 6 months; renewed March 2007 \$10,000 (Subrecipient to U.S.C.C.B.) Role: Director
- 2005-07 Office of Justice Programs, Dept. of Justice, Office for Victims of Crime Trafficking Mental Health Services \$428,383 for 18 months; renewed October 2006 Role: Director
- 2004-06 Office of Justice Programs, Dept. of Justice, Office for Victims of Crime Network of Emergency Trafficking Services
   \$41,376 for 18 months (subrecipient to World Relief) Role: Director
- 2003-06 Office of Justice Programs, Dept. of Justice, Office for Victims of Crime Services for Trafficking Victims \$859,988 for 36 months Role: Associate Director

#### HONORS AND AWARDS

 Dissertation Fellowship Award, Saint Louis University, 1999
 Completion of Doctoral Orals with Distinction, Saint Louis University, Spring 1999
 Completion of Master's Orals with High Distinction, Saint Louis University, Fall 1998
 Excellence in Research Award, Social Sciences, Humanities, and Health Sciences, Graduate Student Association of Saint Louis University, 1998
 Annual Student Research Award, American Psychological Association, Division XII, Section IV (the

Clinical Psychology of Women), 1995

#### **PROFESSIONAL AFFILIATIONS**

American Psychological Association (APA) International Society for Traumatic Stress Studies (ISTSS) National Child Traumatic Stress Network (NCTSN)

#### SERVICE

#### **Professional Organization Service**

Member, Training Team, Justice Resource Institute	2023-
Member, NCTSN Child Trafficking Workgroup	2021-
Co-Chair, Mental Health Council, HEAL Trafficking	2017-2024
Co-Founder and Co-Chair, TRuST (Trauma Recovery for Survivors of Trafficking)	2016-2019

#### Ad Hoc Reviewer

American Journal of Community Psychology

Journal of Applied Research on Children Journal of Human Trafficking Journal of Social Work RAND Corporation's Social and Economic Wellbeing Division *Psychological Trauma: Theory, Research, Practice, and Policy* Transcultural Psychiatry *Women and Therapy* 

# **Pro Bono Evaluator, Asylum Network Physicians for Human Rights**

Provided pro bono evaluations for asylum seekers, with applications related to torture, gender-based violence, political oppression, trafficking, and other forms of abuse.

# **Academic Service**

Dissertation Committee Member, Paola Michelle Contreras, Massachusetts School of Professional Psychology, Dissertation entitled "Service Providers to Human Trafficking (Trata) Survivors in Guatemala: A participatory action research study." Defended November 2011.

# **PUBLICATIONS**

Dryjanska, L., Hopper, E. K., & Stoklosa, H. (Eds.). (2024). Psychological perspectives on human trafficking: Theory, research, prevention, and intervention. American Psychological Association. https://doi.org/10.1037/0000379-000

Dryjanska, L., Hopper, E. K., & Stoklosa, H. (2024). Introduction: Psychological perspectives on human trafficking. In L. Dryjanska, E. K. Hopper, & H. Stoklosa (Eds.), Psychological perspectives on human trafficking: Theory, research, prevention, and intervention (pp. 3–7). American Psychological Association. https://doi.org/10.1037/0000379-001

Hopper, E. K. (2024). Human trafficking prevention: Using a socioecological framework to moderate risk and promote protective factors. In L. Dryjanska, E. K. Hopper, & H. Stoklosa (Eds.), Psychological perspectives on human trafficking: Theory, research, prevention, and intervention (pp. 9–51). American Psychological Association. https://doi.org/10.1037/0000379-002

Hopper, E. K., & Kinnish, K. (2024). The psychological impacts of labor and sex trafficking. In L. Dryjanska, E. K. Hopper, & H. Stoklosa (Eds.), *Psychological perspectives on human trafficking:* Theory, research, prevention, and intervention (pp. 177-198). American Psychological Association. https://doi.org/10.1037/0000379-009

Kinnish, K., & Hopper, E. K. (2024). Trauma-informed intervention with survivors of human trafficking. In L. Dryjanska, E. K. Hopper, & H. Stoklosa (Eds.), Psychological perspectives on human trafficking: Theory, research, prevention, and intervention (pp. 199–228). American Psychological Association. https://doi.org/10.1037/0000379-010

Malebranche, D.A., Hopper, E.K., Corey, E. (2022). Sex and labor trafficking: Trauma-informed themes toward a social justice approach. In: Geffner, R., White, J.W., Hamberger, L.K., Rosenbaum, A.,

2010-2011

Vaughan-Eden, V., Vieth, V.I. (eds) Handbook of Interpersonal Violence and Abuse Across the Lifespan. Springer, Cham. https://doi.org/10.1007/978-3-319-89999-2 43

Stoklosa, H., Murphy, L., Peck, J.L., Robitz, R., Greenbaum, J., Garrett, A., **Hopper, E.**, & Chon, K. (2021, March). Health workers can play key role in helping trafficking victims. *Thomas Reuters Foundation News* [Editorial]. Accessible at <u>https://news.trust.org/item/20210309115556-5qf30/</u>

Batley, C., Chon, K., Garrett, A., Greenbaum, J., **Hopper, E**., Murphy, L., Peck, J., Pfenning, E., Robitz, R., & Stoklosa, H. (2021). *Core competencies for human trafficking response in health care and behavioral health systems*. National Human Trafficking Training and Technical Assistance Center, Department of Health and Human Services. Accessible at <u>https://nhttac.acf.hhs.gov/resource/report-core-competencies-human-trafficking-response-health-care-and-behavioral-health</u>

Hopper, E.K., Grossman, F.K., Spinazzola, J., Zucker, M. (2019). *Treating adult survivors of childhood emotional abuse and neglect: Out of the abyss.* New York, NY: Guilford Press.

**Hopper, E.** (2019). Trauma-informed psychological assessment of human trafficking survivors. In Sidun, N. & Hume, D. (Eds.) *A feminist perspective on human trafficking of women and girls* (pp.6-24). doi: 10.4324/9781315203904-2.

**Hopper, E. K.,** Azar, N., Bhattacharyya, S., Malebranche, D. A. & Brennan, K. E. (2018). STARS experiential group intervention: a complex trauma treatment approach for survivors of human trafficking, *Journal of Evidence-Informed Social Work*, doi: 10.1080/23761407.2018.1455616

Hopper, E.K. & Gonzalez, L.D. (2018). A comparison of psychological symptoms in survivors of sex and labor trafficking. *Behavioral Medicine*, *44*, 1-31. doi: 10.1080/08964289.2018.1432551.

**Hopper, E.K.**, Bassuk, E.L., and Olivet, J. (2018). Trauma-informed care for youth who are streetinvolved or experiencing homelessness. In Kidd, S., Gaetz, S., Slesnick, N., Karabanow, J., & Frederick, T. (Eds). *Mental health and addiction interventions for youth experiencing homelessness: Practical strategies for front-line providers*. Accessible online at: <u>homelesshub.ca/mentalhealthbook</u>

Grossman, F.K., Spinazzola, J. Zucker, M., **Hopper, E**. (2017). Treating adult survivors of childhood emotional abuse and neglect: A new framework. *American Journal of Orthopsychiatry*, 87 (1), 86-93.

**Hopper, E.K**. (2017). The Multimodal Social Ecological (MSE) approach: A trauma-informed framework for supporting trafficking survivors' psychosocial health. In Chisolm-Straker, M & Stocklosa, H. (Eds). *Human trafficking is a public health issue: A paradigm expansion in the United States.* Springer International Publishing.

**Hopper, E.K**. (2017). Trauma-informed treatment of substance use disorders in trafficking survivors. In Chisolm-Straker, M & Stocklosa, H. (Eds). *Human trafficking is a public health issue: A paradigm expansion in the United States*. Springer International Publishing.

**Hopper, E.K**. (2016). Trauma-informed psychological assessment of human trafficking survivors. Special issue on human trafficking, *Women and Therapy*, 40, 12-30.

**Hopper, E.K**. (2016). Polyvictimization and developmental trauma adaptations in sex trafficked youth. *Journal of Child and Adolescent Trauma, 10,* 161-173. -12. doi.org/10.1007/s40653-016-0114-z

Emerson, D. and **Hopper, E.K.** (2015). Yoga for complex trauma. In Follette, V.M., Briere, J., Rozelle, D., Hopper, J.W., & Rome, D.I. (Eds). *Mindfulness-Oriented Interventions for Trauma: Integrating Contemplative Practices*. New York, NY: Guilford Press.

Hughes, H.M., **Hopper, E. K.,** & Cangiano, C.M. (2011). Patterns of distress in sheltered battered women: Implications for intervention. *Violence and Victims*, *26*(4).

Emerson, D. and **Hopper, E.K.** (2011). *Overcoming Trauma Through Yoga: Reclaiming Your Body*. North Atlantic Books: Berkley, CA.

Hopper, E.,K., Bassuk, E.L., and Olivet, J. (2009). Shelter from the Storm: Trauma-Informed Care in Homelessness Services. *The Open Health Services and Policy Journal, 2*, 131-151.

van der Kolk, B. A., Spinazzola, J., Blaustein, M. E., Hopper, J. W., **Hopper, E. K.**, Korn, D. L., & Simpson, W. B. (2007). A randomized clinical trial of eye movement desensitization and reprocessing (EMDR), fluoxetine, and pill placebo in the treatment of posttraumatic stress disorder: Treatment effects and long-term maintenance. *The Journal of Clinical Psychiatry*, *68*(1), 37–46. <u>https://doi-org.ezproxy.bu.edu/10.4088/JCP.v68n0105</u>

Weaver, T. L., Attala, J., **Hopper, E.,** Maglione, M. L. McLaughlin, D., McCullough, M. A., Jackson, K., et al. (2007). Mediators of a wish to die within a sheltered sample of raped and battered women. *Health Care for Women International, 28* (5), 478-489.

**Hopper, E.K**. & Hidalgo, J. (2006). Invisible chains: Psychological coercion of human trafficking victims. *Intercultural Human Rights Law Review, 1,* 185-209.

Hopper, E.K. & Hidalgo, J. (2006). Posttraumatic Stress Disorder in Individuals Working in the Sex Industry. *The Historical Encyclopedia of Prostitution and Sex Work*, Greenwood Press: New York, NY.

Van der Kolk, B.A., Spinazzola, J., Hopper, J., Blaustein, M., **Hopper, E.**, and Simpson, W. (2006). A randomized clinical trial of EMDR, fluoxetine, and pill placebo in the treatment of PTSD. *The Journal of Clinical Psychiatry*, Physicians Postgraduate Press: Memphis, TN.

Stubblefield-Tave, J., Kinniburgh, K., Zucker, M., **Hopper, E**., Nathanson, S., Williams, D., & Spinazzola, J. (2005, October). Complex trauma in toddlers and school-aged children. *The Judge's Page Newsletter*, 15-16. <u>http://www.nationalcasa.org/JudgesPage/Article/complex\_trauma\_in</u> toddlers\_and\_school\_aged\_children.htm

**Hopper, E. K.** (2004). Under-identification of Human Trafficking Victims in the United States. *Journal of Social Work Research And Evaluation*, 5(2), 125-136.

**Hopper, E.K**. (2002). Psychological resiliency and coping with domestic violence. *Dissertation Abstracts International: Section B. The Sciences and Engineering, Vol. 62 (9-B)*, 4220.

**Hopper, E.K**. (2000). *When a friend or loved one has been traumatized*. Consumer pamphlet, International Society for Traumatic Stress Studies Public Education Committee.

# **EXAMPLE PRESENTATIONS**

**Hopper, E.K.** (May 2024). The psychology of coercion. Presented at Human Trafficking Investigator Course, DHS Center for Countering Human Trafficking, Arlington, VA.

Hopper, E.K. & Kinnish, K. (November 2023). Consensus mental health treatment guidelines for youth and families impacted by trafficking and commercial sexual exploitation: Lessons from the field. Presented at the Juvenile Sex Trafficking Conference, Washington DC.

McPherson, E., Robinson, A., Corens, G., Hodgdon, H., **Hopper, E.K.**, Hoyos-Céspedes, A., McCarthy, K. D., Fisher, C. Institute for Community Health, Justice Resource Institute. Parent-Child Interaction Therapy (PCIT) and telehealth: Clinician and caregiver perspectives. Presented at the American Public Health Association Annual Meeting and Expo, November 6th, 2022, Boston, MA.

**Hopper, E.K**. (January 2021; January 2020). Neurophysiology, trauma, and human trafficking. Instructor in the Sex Trafficking Advanced Victim Assistance Training (STAVAT), National Organization for Victim Assistance.

**Hopper, E.K.** (December 2020 to January 2021). Researching vulnerable populations: Trauma and human trafficking. Training Series, National Opinion Research Center (NORC) at the University of Chicago.

**Hopper, E.K**. (November to December 2020). Supervision, trauma, and COVID-19. Trainings for Department of Public Health administrators and supervisors.

**Hopper, E.K.** (July 2020). The trauma and psychological harms of labor trafficking. Instructor at the Human Trafficking Academy. St. Thomas University.

**Hopper, E.K.** (April 2020). Human trafficking, interpersonal violence, and trauma-informed care. Presentation for the ALSO/STAAR Project, STOP Grant Program administration.

**Hopper, E.K.** (March 2020). Human trafficking and addressing secondary trauma. Human Trafficking Institute.

**Hopper, E.K.** (February 2020). Beneath the surface: Understanding human trafficking through a traumainformed lens. Harvard Study Group Carr Center for Human Rights Policy, Harvard Kennedy School.

**Hopper, E.K.** (February 2020). Psychological symptoms in survivors of labor trafficking. HEAL Trafficking.

**Hopper, E.K.** (November 2019). The Intersection of the Opioid Crisis and Human Trafficking. National Compendium of Anti-Human Trafficking Initiatives.

**Hopper, E.K.** (November 2019). Human Trafficking and the Opioid Crisis: Clinical Intervention with a Minor Sex Trafficking Survivor Suffering from Opioid Use Disorder. Poster presented at the 35<sup>th</sup> annual ISTSS conference.

**Hopper, E.K.** (November 2019). Sources of Resilience in Survivors of Human Trafficking. Poster presented at the 35th annual ISTSS conference.

**Hopper, E.K.,** Azar, N., & Bhattacharyya, S. (November 2019). Experiential Complex Trauma Group Treatment for Survivors of Sex Trafficking. Poster presented at the 35th annual ISTSS conference.

**Hopper, E.K**. (November, 2019). Polyvictimization Among Immigrant Transgender Survivors of Human Trafficking. Poster presented at the 35th annual ISTSS conference.

# **RELEVANT TRAINING EXPERIENCES**

Acceptance and Commitment Therapy (ACT) (3 hours) Presented by Aman Varma, Vyas Psychology Training Centre	2025
<b>Child Adult Relationship Enhancement (CARE) Training</b> (5 hours) Presented by Rhea Chase, Ph.D. through the Baker Center, funded by SAMHSA	2023
Advanced TF-CBT for Commercial Sexual Exploitation in Children (11 hours) Presented by Kelly Kinnish, Ph.D., offered through the MA Children's Alliance	2021
<b>Trauma Focused Cognitive Behavioral Therapy for Complex Trauma</b> (8 hours) Presented by Jessica Griffin, PsyD, funded through SAMHSA grant funding	2019
<b>Trauma Focused Cognitive Behavioral Therapy</b> (16 hours) Presented by Jessica Griffin, PsyD, funded through SAMHSA grant funding	2019
<b>Neurofeedback Training</b> (24 hours) Sponsored by the Trauma Center at JRI	2018
Sensory Motor Affect Regulation Therapy (SMART) training (16 hours) Trainers: Heather Finn, LICSW & Anne Westcott, LICSW, Sponsored by the Trauma Center at JRI	2017
Attachment, Regulation, and Competency: ARC Trainer Training Trainer: Margaret Blaustein, Ph.D., offered through the Trauma Center at JRI	2015
Sensorimotor Psychotherapy Level II (120 hours) Presented by Janina Fisher, PhD and Lana Epstein, Ph.D. Sponsored by the Sensorimotor Institute	2008-2009
<b>Psychiatric Medications Through a Trauma Lens: An Overview for Mental Health</b> <b>Professionals</b> (3 hours) Presented by Frank Guastella Anderson, MD	2007
<b>Conducting Trauma and Sexual Abuse Evaluations of Children</b> (8 hours) Presented by Sharman Nathanson, LICSW, Scott McLeod, and Amy Tishelman, Ph.D. Sponsored by the Children's Advocacy Center of Suffolk County & the Trauma Center	2006
Attachment, Self-Regulation, and Competency: ARC Model (6 hours) Presented by Margaret Blaustein, Ph.D. Sponsored by the Trauma Center.	2005
Human Rights in Clinical Practice: Evaluations of Asylum Seekers (8 hours) Sponsored by the Boston Medical Center and the International Society for Traumatic Stress	2003 s Studies
Advanced Certificate Course: Bereavement After Violent Death (16 hours)	2003

Presented by Edward Ryearson, Ph.D. Sponsored by The Trauma Center, Community Services Program.

Eye Movement Desensitization and Reprocessing (EMDR), Level II Training (17 Hours) Presented by Roger Solomon, Ph.D. Sponsored by the EMDR Institute, Inc. Level I Training (20 Hours) Presented by Roger Solomon, Ph.D. Sponsored by the EMDR Institute, Inc.	2003 2002
<b>Certificate Program in Traumatic Stress Studies</b> (75 hours) Specialized training in the treatment of post-traumatic and dissociative disorders in childrer Offered through the Trauma Center.	2001-2002 and adults.
<b>Dialectical Behavior Therapy Training</b> (16 hours) Course Instructors: Charles Swenson, MD & Cynthia Sanderson, Ph.D. Offered by the Behavioral Technology Transfer Group; Boston, MA	2002
<b>Critical Incident Stress Management (CISM),</b> <b>School- and Community-Based Certificate Course</b> (15 Hours) Presented by Steven Gross, LICSW & Robert Macy, Ph.D. Sponsored by The Trauma Cent Community Services Program.	2001 er,
<b>State of Virginia Forensic Examiner Training and Certification Workshop</b> Sponsored by the University of Virginia, Charlottesville, VA. Certification in forensic evaluation (criminal competency, assessment of mental state at the alleged offense, forensic report writing, and rules of criminal procedure for the state of Virg	
<b>Comprehensive Management of Patients with HIV/AIDS</b> (14 hours) Sponsored by the Medical College of Virginia	2000
<b>Certificate in University Teaching Skills</b> (48 hours) Certificate course led by James Korn, Ph.D. Offered by Saint Louis University	1998
Sexual Assault Intervention and Management certificate (40 hours) Sponsored by Manatee Glens, Bradenton, FL	1994-1995

References available upon request.