

Food Pantries and Community Suppers

Acton & Boxborough

**Food Pantry, 235 Summer Rd., Bldg. 1, Lower Level, Boxborough, 978-635-9295,
<http://www.actonfoodpantry.org> , PO Box 2098, Acton, brandon@actonfoodpantry.org**

Open to: Acton Boxboro, Concord, Carlisle, Littleton, Maynard, Stow and Westford residents.

Services: The Acton Food Pantry has been providing food to residents-in-need in Acton, MA and surrounding towns since 1984. Clients receive 4-days' worth of food. This allotment includes canned goods, staples, meat, eggs, dairy products, fresh fruit and vegetables, bread and dessert. The Pantry also provides baby food, formula, and **diapers when available** to those with babies in their household, as well as other basic household products.

Qualifiers: Registration is required on the first visit, and on a yearly basis, with two forms of ID required at that time (online application on website); one ID must have a photo and address, the other ID must corroborate that address.

Hours: The Acton Food Pantry is open on Wednesday from 10:00 AM to 7:00 PM and Thursday morning from 9:30-11:30 AM. The Pantry is closed the 4th Wednesday/month. Closed if Acton-Boxborough Public Schools are closed or delayed. Pickup is on a drive-through basis with groceries being loaded into your trunk.

Mt. Calvary Community Supper, 472 Mass. Ave., Acton, 978-263-5156

www.facebook.com/communitysupperofActonMA

[Mt. Calvary Lutheran Church | Community Supper](http://Mt.Calvary.Lutheran.Church/Community.Supper)

Open to: Anyone

Services: Dinner served by rotating community groups and churches. If Acton-Boxborough schools are closed on Wednesday, the dinner will be canceled (you can verify this by calling 978-264-4700).

Hours: Serving every Wednesday, 4:45-5:45 pm. You can enter starting at 4:15.

Mini Food Pantry at Congregation Beth Elohim, 133 Prospect Street, Acton

socialaction@bethelohim.org

Open to: Anyone

Free food available any day, any time at a portable food pantry set up on the left side of the first parking lot.

Mini Food Pantry at West Acton Baptist Church, 592 Mass. Ave., Acton

Open to: Anyone

Free food available any day, any time at a portable food pantry set up near the parking lot along Mass. Ave.

FREE BEE Community Market, 30 Middle Road, Boxborough, (Mid-May-Mid-October),

[Boxborough Free Bee Market](http://BoxboroughFreeBeeMarket.com) (sign up for newsletter to see what's available each week)

Open to: Anyone

Services: Drop in for free produce, breads, plants, books, and whatever the special of the week is, such as craft supplies, Halloween costumes, pumpkins, etc.

Qualifications: None

Hours: 10:30-12:00

Bedford

Bedford Food Bank, 12 Mudge Way, <https://www.bedfordma.gov/BedfordFoodBank>

Open to: Greater Bedford residents

Services: Residents may pull into the rear of the building's large parking lot (Council on Aging Main Entrance), and a bag of groceries will be put into your trunk or back seat. For individuals who are homebound or disabled, delivery is available by

emailing bedfordfoodbank@bedfordma.gov, or call 781-275-7727. Groceries, produce, meat, vegetarian protein, dairy, **diapers when available**, feminine care products, pet food and household products available.

Hours: Drive thru open every Thursday, 3:30-5:30 p.m. For families who cannot come during the distribution hours, there is a refrigerated locker system set up for after-hours pickup. Call the above number and they will give you a code to pick up the food you request.

Concord & Carlisle

Food for Families through Gaining Ground Farm, www.gainingground.org, 978-610-6086, P.O. Box 374, Concord, MA 01742, office@gainingground.org

Summer-only program open to Concord and Carlisle residents

Qualifiers and Contact: Eligible families can receive free weekly bags of organic vegetables from July to October. Contact Bonny Wilbur at the Concord Community Services office: 978-318-3034 or bwilbur@concordma.gov
Residents of Carlisle should contact Kathleen Bond, kbond@carlislema.gov, 978-371-6690

Harvard & Littleton

Loaves and Fishes, 978-772-4627, www.loavesfishespantry.org, office@loavesfishespantry.org, 234 Barnum Road, Devens

Open to: Harvard, Littleton, Ayer, Devens, Dunstable, Groton and Shirley residents.

Services: Food pantry, as well as special programs as noted below. Shoppers may visit 2 times per month. New clients should fill out the online registration form. **Diapers when available.**

Qualifiers: You must bring a Proof of Residency (POR) each time you visit the Pantry. Once a year you must provide a POR for each member of your household. A POR is an official piece of mail such as a utility bill, rental payment receipt, etc. which lists your name, street address and a recent date. For minors, a POR is either a school or medical paper.

Hours: Wednesdays and Fridays 9-12:00, 3rd Saturdays of the month, 9-12:00 a.m., the 1st Tuesday of the month from 4-7:00 p.m., and last Thursdays 9-12:00. Doors open 15 minutes prior to the start time. Grocery bags will be loaded into your car as you drive thru after check-in. Dates are listed on website. If you need to send someone else to pick up your groceries, call 978-772-4627 x312. Online ordering now available.

Neighborhood Supper at Congregational Church, 330 King Street, Littleton, 978-486-3245, www.ccol.org. Open to Anyone. neighborhood@fculittle.org

Services: Dinner is served on Tuesdays from 5:30-6:30 p.m. Doors open at 5:00.

Lincoln

Food Pantry, St. Vincent de Paul, 781-899-2611, x4, info@svdplincolnweston.org

Located at St. Joseph's Church, 142 Lincoln Road, <http://stjulia.org/svdp/>

Open to: Lincoln and Weston residents

Services: The food pantry is open for 2 days every 2 weeks for bags of nonperishable food, toiletries, paper goods, bakery items, refrigerated and frozen foods, fruits and vegetables, and cleaning supplies. Holiday meals, school supplies, and Christmas gift cards available. Call or email for your appointment.

Maynard

Open Table Food Pantry, 978-369-2275, www.opentable.org, info@opentable.org,
Pantry location: 33 Main Street, Maynard. For transportation assistance: transport@opentable.org
Open to residents of Acton, Bedford, Boxboro, Carlisle, Concord*, Littleton, Lincoln, Maynard*, Sudbury, Westford and more on website. *If you work in these 2 towns you can use the pantry if you provide proof of employment.

Services: Pantry items include bags of non-perishable groceries, fresh fruits and vegetables, dairy products and other staples including **diapers when available**. Kids' lunch bags and freshly made frozen meals available. Ordering translation available: Portuguese, Spanish.

Qualifiers: If you prefer to register with someone who speaks Spanish or Portuguese, please email pferrao@opentable.org or call 978-254-1670. No photo IDs required. You do not need to bring anything with you when you come to Open Table. However, if you'd like to receive groceries for family members who are not able to come with you, you will need to fill out a Household Verification Form and bring supporting documentation.

Hours: Drive-thru pantry is open Tuesdays 3:00-6:30 and Thursdays 11:00-4:30 p.m. Please park in the municipal lot opposite the Fine Arts Theater on Summer Street. Walking families should pick up groceries at 33 Main Street. Open table is closed on Memorial Day, Labor Day, and Christmas day. Open Table is closed if Maynard Public Schools are closed for a snow day. Order the groceries you need online or by phone between Thursday 5 pm and Monday Noon.

Maynard Food Pantry, 82 Main St., Maynard (former Union Congregational Church), 978-764-5279, www.maynardfoodpantry.com.

Open to Acton, Maynard, Stow, and Sudbury residents.

Services: Families from Maynard may visit 2 times per month; Clients from other towns can shop 1 time per month. The Maynard Food Pantry also provides Thanksgiving and Holiday dinner baskets for shoppers. The program can also supply families with school-age children nutritious lunches and snacks via their back pack program through Maynard schools.

Hours: The food pantry is open on Mondays from 10:00-Noon. On some Monday holidays, the pantry will open on Tuesdays (schedule on website). If Maynard schools are closed due to snow on Monday, the pantry will close, and an attempt will be made to open the following day if possible. Visitors should park on River Street.

Stow

Food Pantry, 509 Great Road (Pompo Community Center), www.stowfoodpantry.com , 978-897-4230, stowfoodp@gmail.com.

Open to Acton, Bolton, Boxboro, Lancaster, Maynard and Stow residents.

Services: Food to feed a family for one week. Each month there are "specials" available such as personal hygiene items, sugar, cooking oil, or laundry detergent (schedule on website). Baby food, items and **diapers available**.

Qualifiers: No referrals or financials required.

Hours: Open by appointment for groceries, (stowfoodp@gmail.com or 978-897-4230). Masks optional and available, children not allowed inside during shopping.

FPC Guest Table Community Dinner at First Parish Church of Stow & Acton, 353 Great Road, Stow
fpcguesttable@fpc-stow-acton.org FPC Guest Table | First Parish Church of Stow & Acton

All Are Welcome! Dinner is served at 5:30 (doors open 5:00). Always nut-free (gluten-free and dairy-free options). Held on the 1st Friday of each month. 978-897-8149. Menu posted on FB: Guest Table Community Dinner | Stow MA | Facebook

Sudbury

**Sudbury Community Food Pantry, 534 Boston Post Road, Wayland, info@sudburyfoodpantry.org,
Pick Up Food - Sudbury Food Pantry - Sudbury, MA 978-443-7725.**

Open to: Anyone

Services: Visitors may shop twice per month. We offer not just staples but also bread, eggs, dairy, frozen meat, paper products, soap products, baby foods and **diapers**. In the summer we often have fresh organic vegetables. Each time you use the pantry the products may change a little but generally clients leave with 4 or 5 large shopping bags of food. This is an open shelf pantry and we try to accommodate special needs such as vegetarians and gluten sensitive clients.

Hours: Food is available on Tuesdays and Fridays from 12-2:30. The pantry is closed if Sudbury Public Schools are closed. Order your food on the website, then schedule a pickup time.

Qualifiers: Clients must fill out a registration form during their first visit, and will then be issued a Sudbury Community Food Pantry ID card. English, Spanish & Portuguese applications are on the website, or you can fill it out at your appointment time.

**Sudbury CARE Pantry, St. Elizabeth's Episcopal Church, 1 More Rd., Sudbury
pantry@st_elizabeths.org [General 1 — St. Elizabeth's Episcopal Church](#)**

Service: The CARE Pantry exists to help neighbors in need to get the personal care, laundry and household cleaning supplies that SNAP or WIC benefits don't cover. Sign up on the website and a volunteer will reply to you with a checklist which will allow you to choose the items you need. Orders can be delivered to the recipient's front door or picked up at St. Elizabeth's Church, 1 Morse Rd, Sudbury

A Place to Turn, 99 Hartford St, Natick, 508-655-8868, info@aplacestoturn-natick.org

<https://www.aplacestoturn-natick.org>

Open to: Sudbury, Wayland, Wellesley, Weston, Ashland, Dover, Framingham, Marlboro, Medfield, Natick, Sherborn, Southboro

Services: Select the foods your family prefers so you can eat what you like. Feminine hygiene, personal care, and household items available, as well as a **diaper pantry**.

Hours: Mondays and Wednesdays 4-6:00 p.m. Tuesdays and Thursdays 9:30-12:30.

Qualifiers: Make an appointment on the website, then bring proof of your address in one of the above-listed towns. You can visit once per month. One week's worth of diapers and wipes are available for children under age 3.

Westford

Community Food Pantry, 20 Pleasant Street, 1st Floor, P.O. Box 2223, (Cameron Senior Center), 978-692-5523, Contact: Alison Christopher, LICSW, achristopher@westfordma.gov

[Westford Food Pantry | Westford MA | Facebook](#), [Westford Pantry](#)

Open to residents of Westford, Chelmsford, Lowell, Billerica, Dracut, Groton, Littleton, Tyngsboro

Services: Emergency, short- and long-term assistance is provided through quality fresh and dry foods along with personal care and household items. **Diapers** available when in stock (you can call first to verify). Westford families may visit the pantry weekly. Non-Westford families may visit twice per month.

There is a thrift shop on site also. Additional financial assistance is available through St. Vincent DePaul thru St. Catherine's Church in Westford: st.catherine.westford.svdp@gmail.com or 978-320-4214.

Hours: Walk-in service is available on Wednesdays from 5-7:30 p.m. and Friday, 8:30-11:00 a.m.

Qualifiers: License/ID required on initial registration.

Chelmsford Food Pantry, 50 Rear Billerica Rd (beige trailer), Chelmsford, 978-746-6914

<https://chelmsfordfoodpantry.org> office@chelmsfordfoodpantry.org

Open to GREATER LOWELL AREA residents

Services: Food and clothing available.

Hours: Open Wednesdays, 5-8:00 pm, Thursdays, 2-4:00 pm, and Fridays 6:30-8 pm.

Lasagna Love: [Request a Meal - Lasagna Love](#)

Free large pan of homemade lasagna is available to families in need. Food will be delivered to your home. You can request this meal at the link above. Based on number of volunteers in your area, you may have to wait a few days or weeks for the meal.

Updated 10/2025

This information was compiled as a community resource for families living in the catchment area for First Connections' CFCE grant through the Mass Dept of Early Education and Care.